

South County YMCA Pool Practice Sessions

January 7th and 28th, February 11th, March 10th from 12:15 to 2:15

The [Sea Kayak](#) group is offering four winter pool practice sessions at the [South County YMCA](#). These sessions are open to RICKA members only and are a great opportunity to sharpen your rolling and rescue skills, and perhaps meet some like-minded paddlers. If you are not a RICKA member, you can [join RICKA here](#).



Rich Copeland at the RICKA Pool Session
Photo by Jonathan Sharlin

Please arrive by 11:45 to unload boats and fill out forms. Boats can enter the building at 12:15 and we must be out of the pool building by 2:15. Boats must be clean and free of sand and seaweed. All participants must provide a driver's license, which will be copied and retained by the YMCA since there is a daycare on site. All participants must also sign an ACA insurance/waiver form. Please bring your ACA number if you are an ACA member. Cost is \$10 – please bring cash to pay at the door (exact change appreciated).

There will be 10 signup slots available for each session. We will do our best to give everyone an opportunity to attend at least one session. Please email Rich Coupland at rlcoupland@msn.com to be put on the sign-up email list for each session. If you sign up and subsequently cannot attend, PLEASE contact Rich before the day of event so he can contact an alternate to fill your slot. The South County YMCA is located at 165 Broad Rock Road, Peace Dale, RI 02883. Upon entering the parking lot the pool entrance is to the left of the main entrance.

Register now for the 2024 Season!

Perhaps you are looking to join in on the Pool Practice Sessions, place an ad in our members-only [classifieds](#) after receiving a shiny new canoe/kayak for the holidays, or take advantage of [membership discounts](#) for the accessories you didn't get. If you register now, you get the remaining months of the 2023 season (through March 2024) plus the full 2024 season (through March 2025).

Register using our online form: [join the fun](#).

Let us know what you think. Feedback or questions are always welcome at rickamembership@gmail.com.

RICKA Adirondacks Trip

September 7-14, 2024

The [Flatwater](#) group will return to Lake Eaton Campground in Long Lake Village, NY for the 2024 Adirondacks camping and paddling trip. You can make campground reservations now at Reserve America:

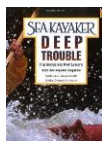
<http://www.reserveamerica.com/>

Please try to select a site in the 10-54 area (waterfront from 31-54). If you are planning on joining the group, please contact Chuck Horbert at chorbert13@gmail.com to be added to the list for future organizational emails. Emails will be sent only to those who sign up.

From the RICKA Library...

Stay Safe with these Safety/Rescue Books

Sea Kayaker Deep Trouble by Matt Broze and George Gronseth



Sea Kayaker's Deep Trouble offers more than twenty real-life accounts of accidents that will both keep you on the edge of your seat and instruct you with potentially life-saving lessons. These tales are the result of interviews with survivors, witnesses and rescuers. From capsizes and hypothermia to brushes with sharks and entrapment in sea caves, the situations are described in chilling detail and then subjected to expert analysis. Sea Kayaker's Deep Trouble is rounded out by a comprehensive introduction to sea kayaking safety and tips on equipment, techniques, and improving your skills.

Whitewater Rescue Manual by Charles Walbridge and Wayne Sundmacher



In Whitewater Rescue Manual, two paddlers who have long been at the forefront of whitewater safety and rescue present a tightly focused look at the best, most current techniques for both self-rescue and rescue of others on the river. The authors provide well-reasoned guidance that will teach you when to stay with the boat and when not to; how to retrieve a lost boat; how to swim out of trouble and when not to swim; how to reach a victim; how to coordinate a rescue effort; how to make sure that would-be rescuers don't become victims; how to safely evacuate injured paddlers; and much more.

These are just two of the great books, tapes and DVD's covering the range of paddling topics that are available in our [collection](#). If you would like to check out these or any other selections, contact Bill Hahn at librarian@ricka.org. Library selections can be mailed to you with a postage paid return mailer provided at no cost to the borrower.

RICKA is an ACA



Paddle America Club

Executive Board:

The next Executive Board meeting will be held on February 7th at 7:00 p.m. online as a ZOOM videoconference. To participate contact Frank Cortesa at frankcortesa@charter.net and the Zoom link will be sent to you.

Newsletter Editor:

Erik Eckilson

Email: editor@ricka.org

Newsletter Archive:

<http://ricka.org/paddler/paddler/PaddlerList.HTML>

Membership:

Gary Powers

Email: rickamembership@gmail.com

Registration Form:

[Join the Fun!](#)

The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc.

Submit your stories to the **PADDLER**

Do you have a story that you could share, a picture, gear review or trip report? **Please consider sending it to the Paddler.** Chances are, there are a lot of people who would really enjoy seeing it.

Don't be shy, please send it along to editor@ricka.org

Rhode Island Canoe & Kayak Association

Executive Board

President: Frank Cortesa.....508-369-8205.....frankcortesa@charter.net

Vice President: Steve Pechie resq1192@gmail.com

Secretary: Skye Pechie401-647-0074..... scitamb.2@juno.com

Treasurer: Sharon Dragon401-225-3942..... shdrag1@gmail.com

Members at Large:

Deb Britt.....401-413-6841..... botherbird@gmail.com

Peter Hill508-366-6381..... peter.kayaker@yahoo.com

Sean Murphy401-206-7829 sean026@hotmail.com

Danny O'Shea401-527-3447..... doshea5031@aol.com

Brenda Rashleigh rickaseakayak@gmail.com

Jenifer Stanton bigredstantons@gmail.com

Conservation: Ron Entringer rentringer42@gmail.com

Pat (Mayhew) Lardner.....401-524-8057..... pslardner@gmail.com

Flatwater: Cheryl Thompson401-497-5887..... stonefoxfarm@juno.com

Librarian: Bill Hahn.....401-524-1612..... librarian@ricka.org

Safety & Education: Steve Pechie resq1192@gmail.com

Sea Kayak: Rich Coupland401-595-1175 rlcoupland@msn.com

Webmaster: Cheryl Thompson401-497-5887..... stonefoxfarm@juno.com

Whitewater: Paul Leclerc401-568-1103 paul_leclerc@hotmail.com

Wilderness: Chuck Horbert401-418-2838..... chorbert13@gmail.com



One Last Camping Trip

By Erik Eckilson

We've been having a relatively warm winter, so we were hoping to get out on one more camping trip in before the end of the year. Without too much arm-twisting we got a group of 5 together for an overnight trip at the [Burlingame Canoe Campsites](#) – me, Bob, Dan, John and Chuck.

The weather forecast was mixed with a chance showers Saturday afternoon, day-time temperatures in the 40's, and night-time temperatures dropping into the 20's. I met the group at the [Bradford Landing](#) at 11:30 for the 4-mile trip up to Burlingame. With several inches of rain over the past two-weeks, the river was high and it was a bit of a slog paddling upstream.



Camp set up in the field at the Burlingame Canoe Campsites

We are fortunate to have a several very nice campsites on the Pawcatuck River. There is Stoney Point on [Worden Pond](#), the Carolina Canoe Campsite just upstream from the [Richmond Landing](#), the "bootleg" site at the confluence of the Wood River downstream from [Alton Landing](#), and of course, the [Burlingame Canoe Campsites](#) in the Burlingame Wildlife Management Area.

The Burlingame Wildlife Management Area extends north from Watchaug Pond in the [Burlingame State Park](#) to include a large woodland along the Pawcatuck River.



John cooking chili for lunch

The land is managed for both wildlife protection and recreation with hunting, trails for hikers and mountain bikers, and the Burlingame Canoe Campsites. These campsites are only accessible from the river or by hiking in from the parking lot on Buckeye Brook Road or from the North South Trailhead on Burdickville Road.

At the Burlingame Canoe Campsites there is an open field and five smaller wooded sites. We decided to camp in the field. We hauled our gear up from the river and set up camp. The tents went up first, then the rain fly, then the kitchen. We got a short rain shower after everything was set up, but we stayed dry under the tarp while we enjoyed John's chili for lunch.

After lunch we took a walk to check out the other campsites before lighting the campfire. Dan cooked nachos in his reflector oven for an afternoon snack, quesedillas in his Big Daddy Skillet as an appetizer, and Tuscan White Bean Stew with grilled garlic bread for dinner. Desert was Strawberry Shortcake with Bob's homemade biscuits baked on the coals in



Dan cooking bacon and home fries for breakfast

his Camper Kitchen baking pan.

The sky eventually cleared, and we got a great view of the night stars as we sat around the fire. We heard coyotes, owls, and the Amtrak Acela on its hourly run between Boston and New York (not exactly wilderness). After many tall-tales and war-stories we finally turned in for the night at around 10:00. The temperature dropped into the 20's, but I stayed snug and warm in my winter sleeping bag.

Before I knew it I heard someone moving around outside. It was Dan getting the morning fire started. It was 6:30 and still dark, but I reluctantly climbed out of my sleeping bag to join him.



Exploring Poquiant Brook on the way back to Bradford Landing

After warming up around the fire, I got the coffee perking and fired up my Dutch oven to make a batch of my grandmother's cinnamon rolls. Dan cooked bacon and home fries in his Big Daddy Skillet on the fire, and I cooked omelets on the stove. John said this trip was all about the food, and he was right - we didn't go hungry.

After breakfast we packed up camp for the trip back to Bradford Landing. Dan had his drysuit on, so he did a New Year's Polar Plunge off the rope swing before we left. With the high water, we were able to take a detour to explore the marshland along Poquiant Brook, which flows from Watchaug Pond to the Pawcatuck River.

It was a great trip and a nice way to end the year. Happy New Year everyone!

RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the [website](#) for the complete list.

- **Gear Lab 2-piece Aukaneck Paddle** - 210 cm, excellent condition with extra tips and canvas storage sleeve - \$250. **Kokatat Semi-dry Suit** - large, with XL fleece dry suit liner. Good condition, but needs wrist gasket replaced - \$100. **Kokatat Farmer John Wetsuit** - large - \$40. **Shorty Wetsuit** - large, \$15. **Pro Tec Helmet** - large yellow, like new. \$25.00. **NRS Booties** - size 11, **NRS Paddle Shoes** - size 10 - both for \$25. Contact Fred g33zr2@gmail.com or text 401-569-6038
- **Valley Gemini ST composite kayak** - 14' 10 and 45 pounds. Yellow deck with white hull and a keel strip. Kayak is in excellent condition as it has only been very lightly used and stored properly indoors. Asking \$1,750 including a Werner carbon fiber touring paddle and a Seals cockpit cover. Contact Bill Hahn: bhahn02835@yahoo.com or 401524-1612
- **P&H Aries 155** - 2016, Expedition Layup w/Keel Strip, 70P Compass, Paddle Britches. Pea Green Deck/ White Seam/White Hull/White Kevlar Keel Strip. Foam Block Footrest - \$2,200. **Betsy Bay Recluse Greenland Style Boat** - 19' long and 20 1/2" wide; Weight 30 to 34 lbs. Paddler Weight 175 lbs. & Up; Spray Skirt, laminated Greenland Paddle (Betsy Bay). Adjustable foot pegs. Epoxy protection on bow and stern. Maintained in Excellent Condition - \$1,800. **P&H Cetus MV** - Carbon/Kevlar w/Kevlar Keel Strip, 70P Compass, Paddle Scabbard. Sail mounting system in place. Yellow Deck/White Seam/White Hull/White Kevlar Keel Strip. Foot pegs. Maintained in Excellent Condition: Modest amount of hull gell coat scratches and normal spider cracking - \$2,200 firm. Seller lives in Providence - text 401-654-3168
- **Necky Manitou II** - 14'6" tandem kayak - like new condition. Yellow. Spray skirt for the stern paddler available. Rudder is controlled by stern paddler. Aft seat can be adjusted for solo paddling - \$845. **Necky Looksha** - 17' sea kayak. Gray with rudder. Good condition, stored indoors - \$695. Contact Jay at josephlwade@yahoo.com
- **Boriel Saguana** - 18 feet fiberglass with rudder in red - \$800. **Borial Inukshuk** - 17 feet with rudder in yellow - \$500. **Futura Surf Ski** - 19 feet in blue fiberglass with a rudder - \$1,000. **Kayak Cart** - \$60. **Lendal Paddle** - \$200. **Borial Paddle** - \$100. **Roof Rack** - Hully rollers and saddles - \$400. Other items on website. Contact Julie at 401-688-7907 or jet14jem@cox.net
- **Carbon Werner Shuna paddle** - 205cm, used only a couple of times, as a spare paddle. in like new condition. 2 piece, straight shaft - asking \$225. Contact rcruelles@gmail.com
- **Skin on frame kayak made by Seawolf** - the model is the Kurki. 17 feet long, 29 lbs, rolls easily, I easily maintain 4-5 mph in the open ocean. Spray skirt and float bags included. Delivery within the RI-CT-MA area can be negotiated. Contact 443-974-0814
- **NDK Explorer HV** - touring, expeditioning and active water play boat. About 10 years, modest gel coat scratches and cracking, Yellow over white with black deck seam and cockpit coaming. Hatch covers are in good shape. Includes a deck mounted Bruton compass and recessed deck fittings - \$1,450. Contact Gerry@seasheerpakayak.com
- **Wilderness System Sealoution 16.6** and **Necky Manitou 14** - both plastic boats are in paddle ready condition, the Sealoution could use a little TLC - \$400 for either boat. Contact mbouley@gmail.com
- **P&H Code Zero Sail for Kayak** (with mast here is the link) - used only a few times - \$200. Contact jonathansharlin@gmail.com
- **Necky Kayook** - 15', two sealed compartments, foot-controlled rudder. Includes cockpit cover, spray skirt, some accessories - \$175. Contact Ed Poyer at edpoyer@gmail.com
- **Golden Kevlar Arluk 1.8** - excellent condition, 'Ocean Cockpit', skin coat top and bottom for weight savings (48 pounds / 18"x22"), Smart Trak rudder, up to date deck lines, bungees, rudder cables, rudder cord and inner hatch covers. New Brooks neoprene sprayskirt, Snap Dragon neoprene cockpit cover, plus two used repaired Wildwasser neoprene spray skirts with zippered pockets - \$1,250 cash. Russell Norton at lovepotent@hotmail.com
- **Eddyline Fathom Touring Kayak** - Sapphire Blue, nearly new pristine condition, Includes: Seals neoprene cockpit cover Kokatat basic Sea Skirt (XL) - \$2,100. Located in metro Boston. Contact Nicholas at 978-621-7935

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Glocester, RI 02857-2611 or webmaster@ricka.org. Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's and newsletter editor's discretion.