

# PADDLER

www.ricka.org

Newsletter of the Rhode Island Canoe & Kayak Association

Vol. XLV

No. 6

July 2022

## July Meeting on the Water 100 Acre Cove in Barrington

Wednesday, July 27, 2022 at 5:45 p.m.



Join us for our July Meeting  
at 100 Acre Cove

In lieu of a meeting in the summer months, we offer a paddle that is suitable for everyone.

This month's paddle will be at [100 Acre Cove](#) in Barrington. We will take a leisurely paddle around the saltwater marsh islands of 100 Acre Cove and up the Runnins River. We will meet at 5:45 for a 6:00 launch. Bring a headlamp or waterproof flashlight. Our leader for the evening will be Al Sampson [wanderlust\\_bristol@yahoo.com](mailto:wanderlust_bristol@yahoo.com).

**Directions:** the put-in for Hundred-Acre Cove is on Route 114 (the Wampanoag Trail) in Barrington. Go south on Route 114 and take the last turnaround before Route 114 becomes a two-way road. Just after the turnaround (you're now heading north), you'll see a sign on the right that says Walker Farm. Turn in for the town dock and boat ramp. Park anywhere that's not posted. The street address is 530 County Road, Barrington, RI.

## RICKA Family Picnic Sunday, September 25, 2022

The 15th annual RICKA Family Picnic will be held on Sunday, September 25th at the Cold Spring Community Center at the North Kingstown Town Beach. **Save the Date!**

## Basic Flatwater Training Saturday, July 9, 2022 at 10:00 a.m.

Due to inclement weather, the Basic Flatwater Training has been rescheduled to Saturday, July 9<sup>th</sup> at 10:00. For additional information or to register, please contact Erik Eckilson at [eckilson@cox.net](mailto:eckilson@cox.net) or Cheryl Thompson at [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com).

## Adirondacks Trip September 10 – 17, 2022

This year's Adirondacks trip will be to Lake Eaton Campground in Long Lake Village, NY. If you are planning on joining the group, please contact the coordinator – Chuck Horbert at [chorbert13@gmail.com](mailto:chorbert13@gmail.com) - so he can add you to the list for future emails.

Campsite registrations is now open, and you should try to find a site in the area of sites 10-54 (waterfront sites from 31-54). Once you have reserved a campsite, please let Chuck know what site number you'll be on and when your expected arrival and departure dates will be.

For additional information or to sign up, please contact Chuck Horbert at [chorbert13@gmail.com](mailto:chorbert13@gmail.com) or 401-418-2838.

# Conservation Events this Month

## Land and Water Conservation Summit at the University of Rhode Inland July 14-15-16, 2022 (main event July 15<sup>th</sup>)

Come meet the people working on water and land conservation in Rhode Island. Workshops are taught by experts from across the state and cover topics essential for watershed management, land conservation and organizational development. Topics include discussions on Climate Change & Resiliency and Solar Development & Forest Protection. Additional Information and Registration is available at:

<https://www.landandwaterpartnership.org/>

## Early Morning Paddle to Identify Invasive Plants at Belleville Pond July 16, 2022 at 9:00 a.m.

Belleville Pond was the first location in the state where invasive water chestnut was found in 2007. Join RIDEM to learn the basics of aquatic plant ID, locate lingering invasive water chestnut, as well as learn to identify invasive fanwort and variable milfoil. Participants must pre-register by July 1. Participants bringing their own canoe or kayak must bring and wear their own life jacket. The boat launch is located in [Ryan Park](#), North Kingstown. [Registration required.](#)

Thanks to our [Conservation](#) Chairs Ron Entringer and Pat Lardner for keeping the club abreast of conservation issues that affect the waterways around Rhode Island. Feel free to contact Ron [rentringer42@gmail.com](mailto:rentringer42@gmail.com) or Pat [pslardner@gmail.com](mailto:pslardner@gmail.com) if you have a conservation issue that you feel the club should address.

## RICKA is an ACA



## Paddle America Club

### Executive Board Meeting:

The next Executive Board meeting will be held on July 6<sup>th</sup> at 7:00 p.m. online as a ZOOM videoconference. To participate contact Frank Cortesa at [frankcortesa@charter.net](mailto:frankcortesa@charter.net) and the Zoom link will be sent to you.

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The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc.

Your RICKA membership expired on March 31, 2022...

## Renew your RICKA membership now!

Please visit the website at:

<http://www.ricka.org/Join/JointheFun.html>

You can renew by mail, or online using PayPal.

## Rhode Island Canoe & Kayak Association

### Executive Board

**President:** Frank Cortesa.....508-369-8205.....[frankcortesa@charter.net](mailto:frankcortesa@charter.net)  
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**Wilderness:** Chuck Horbert ..... 401-418-2838.....[chorbert13@gmail.com](mailto:chorbert13@gmail.com)

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# Battling 750

By Eric Johnson

When you have a pre-teen, you need breaks. A nice paddle out of the Westport River on a pleasant day is a perfect way to wind down and get some perspective.

We paddled out of the river and made sure we crossed the mouth in a tight pod. The current formed a small race at the mouth, so we all took a warm up run. Then we rounded the nubble and headed south in search of rock formations.

Our first stop was a set of rocks with a nice big slot to run through. Everyone took a few good rides through the slot both with and against the current. On one run I was trying to be cute and instead of taking the straight shot was going to go through against the current and bang a sharp turn through a little side slot.

I moved into position slowly and while I was scoping things out a swell washed through with just enough force and at just the right angle to push me backwards and off balance. Next thing I know I'm upside down in the cold water feeling like a fool. Fortunately, it was an easy roll back up.

We then moved onto a different rock formation for some more playing. The swells were just enough to make things fun without being dangerous.

Before lunch we headed to the point to surf



**Playing in the rocks**  
Photo by Jon Sharlin

the break. It was setting up nicely along the outside edge so one could stay clear of the rocks and catch some rides. The bigger waves were breaking further out and more to the inside. Taking a ride on one of them meant paying attention and peeling off before the rocks. I caught a few small rides along the edge before deciding to head out into the bigger stuff.

One of the things I struggle with is timing waves. I often either get out in front of them and miss the break or I don't get up enough speed and the pass under me. Sometimes they also just trap my stern and breach me - or as the cool kids say "I get window-shaded".

I waited for a bit and caught what I thought would be a good wave. I paddled hard to get on it and started to have a good ride. I was focusing on using forward strokes to steer without dropping speed. At some point I must have gotten too far in front of the wave as it was breaking. My stern got pinned and spun around.

I tried to correct with forward strokes and then a really hard prying rudder with no luck. I managed to get a good brace as I side surfed; until the wave sputtered out... I mistimed easing off the brace and wound-up hanging upside down in the water. Not a problem... Set up, sweep out, hip snap, paddle out of the zone, and go look for more waves...

We all got some sweet rides. Just as we were getting ready to break for lunch, I caught a nice wave, rode it in a ways and once again got window-shaded. This time, however, I was pretty close to the rocks and didn't have much water under me. I tried to roll and got smacked down.

I pulled the plug and did my best to make sure the kayak was between me and the rocks and that I had hold on my paddle and the kayak. Tim and Brenda swooped in, pulled me and the kayak out of there, and plopped me back in the kayak. Not content to break for lunch on a failure, I caught one



**Catching a ride**  
Photo by Jon Sharlin

more ride on one of the edge waves before heading to the beach.

At lunch I talk to Tim G. about how to up my surf game. He pointed out that one of the tricks was to keep the wave from grabbing your stern. Once the wave has the stern, the wave is in control. So, one thing to do is to keep forward in the cockpit to help keep the stern up. The other trick is to keep the peak of the wave just behind the cockpit and not any further back.

I focused on trying using this knowledge on the point after lunch. I spent some time on the edge trying to catch smaller waves and getting small rides. Then I headed out to the bigger surf and caught a few big rides.

It was great until it wasn't. I caught a wave and after a short ride I was breached and upside down. Set up, sweep out, hip snap, and see a big wave waiting to push me right into the rocks.... Paddle very fast to clear the zone, and go looking for one more wave... (no I do not know when it is time to quit).

After a few more runs, we made our way back home. The paddle up the river was a nice cool down to end an exciting day.

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Eric is the [Sea Kayak](#) Webmaster. You can read the full trip report on his blog **On the Big Sea in a Little Boat** at <https://kayaktripping.blogspot.com/>.

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## Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. **YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.**

## Blackstone Valley Paddle Club Trips

Unless otherwise noted, Blackstone Valley Paddle Club trips are suitable for all boats and skill levels. More detailed trip descriptions can be found on the [web site](#)

July 5<sup>th</sup> - launching promptly at 6:15  
**Bowdish Lake - Gloucester**  
Trip coordinators: Skye Pechie [scitamb.2@juno.com](mailto:scitamb.2@juno.com) and Steve Pechie [resq1192@gmail.com](mailto:resq1192@gmail.com)

We will put-in at the boat ramp at the George Washington Campground and paddle around Bowdish Lake.

July 12<sup>th</sup> - launching promptly at 6:15  
**Providence River**  
Trip coordinators: Cheryl Thompson [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com) or 401-497-5887, Manny Terezakis [egterezakis@gmail.com](mailto:egterezakis@gmail.com)

We will put in at Bold Point in East Providence, paddle across Providence Harbor, through the Fox Point Hurricane Barrier, and up the Providence and Woonasquatucket Rivers to the Providence Place Mall.

July 19<sup>th</sup> - launching promptly at 6:15  
**Slatersville Reservoir and the Branch River**  
Trip coordinators: Roscoe Skurka [cskurka61@gmail.com](mailto:cskurka61@gmail.com) 401-823-8925 and Cheryl Thompson [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com) 401-497-5887

This trip provides a nice paddle through a flatwater section of upper Slatersville Reservoir and then a stretch of the Branch River.

July 26<sup>th</sup> - launching promptly at 6:15  
**Lincoln Woods**  
Trip coordinators: Manny Terezakis [egterezakis@gmail.com](mailto:egterezakis@gmail.com) and Cheryl Thompson [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com) 401-497-5887

A pleasant paddle around Olney Pond in the Lincoln Woods State Park.

August 2<sup>nd</sup> - - launching promptly at 6:15  
**Manville Dam, Cumberland**  
Trip coordinators: Skye [scitamb.2@juno.com](mailto:scitamb.2@juno.com) and Steve Pechie [Resq1192@gmail.com](mailto:Resq1192@gmail.com)

Paddle upstream and then return.

August 9<sup>th</sup> - launching promptly at 6:15  
**Blackstone Gorge - Blackstone, MA**  
Trip coordinators: Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) and Earl and Pat MacRae [earlandpat@comcast.net](mailto:earlandpat@comcast.net) 508-988-5589

Paddle upstream and then return. We will paddle up to the historic Millville Lock from the Blackstone Canal.

August 16<sup>th</sup> - launching promptly at 6:15  
**Hopedale Pond - Hopedale, MA**  
Trip coordinators: Frank Cortesa [frankcortesa@charter.net](mailto:frankcortesa@charter.net) 508-369-8205 and Jim Crowley [crowbird888@msn.com](mailto:crowbird888@msn.com)

The town was settled in 1842 as a Utopian socialist commune and evolved into the home of the Draper Corp, at one time the world's largest manufacturer of automatic cotton looms.

August 23<sup>rd</sup> - launching promptly at 6:00  
**Stump Pond - Smithfield**  
Trip coordinators: Skye and Steve Pechie [scitamb.2@juno.com](mailto:scitamb.2@juno.com) and Roscoe Skurka [cskurka61@gmail.com](mailto:cskurka61@gmail.com) 401-823-8925

A quick paddle around Stump Pond and then a stop at the nearby Thirsty Beaver for a beverage or a meal. You are responsible for your own purchase at the Thirsty Beaver.

August 30<sup>th</sup> - launching promptly at 6:15  
**End of the Season Party and Paddle at Spring Lake**  
Trip Coordinators: Julie [Julierie87@gmail.com](mailto:Julierie87@gmail.com) or Steve [steverie154@gmail.com](mailto:steverie154@gmail.com)

Join us for a short paddle around Spring Lake and then a gathering at Julie and Steve's waterfront home for pizza and a party! Please RSVP to Julie [Julierie87@gmail.com](mailto:Julierie87@gmail.com) or Steve [steverie154@gmail.com](mailto:steverie154@gmail.com).

## Flatwater Trips

Check the [Flatwater Message Board](#) for ad-hoc trips and hikes. Appropriate skills and equipment are required.

July 4<sup>th</sup> - meet at 9:00 for a 9:15 launch  
**Providence River - Bold Point, East Providence**  
Trip coordinator: Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 617-794-0378

We will put in at Bold Point in East Providence, paddle across Providence Harbor, through the Fox Point Hurricane Barrier, and up the Providence and Woonasquatucket Rivers to the Providence Place Mall.

July 9<sup>th</sup> - meet at 10:00  
**Flatwater Training - Stump Pond in Smithfield**  
Coordinators: Bill Luther [williamluther058@gmail.com](mailto:williamluther058@gmail.com) 508-7671-7961 and Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 401-765-1741

See page 1 for details.

*Continued on page 5.*



*Continued from page 4*

July 9<sup>th</sup> - meet at 8:30 for a 9:00 launch  
**Slocum's River - Dartmouth MA**  
Trip coordinator: Caryl Salisbury - text at 401-480-7799

Slocum's River is a tidal river that leads to the ocean. You can find wide open expanses and great salt marshes. Suitable for boats 14 feet and longer.

July 16<sup>th</sup> - meet at 10:00 for a 10:30 launch  
**Whitehall Reservoir – Hopkinton, MA**  
Trip coordinators: Jim Crowley [crowbird888@msn.com](mailto:crowbird888@msn.com) and Frank Cortesa [frankcortesa@charter.net](mailto:frankcortesa@charter.net) 508-369-8205

Whitehall Reservoir at one time served as a water supply for areas west of Boston. Its years of restricted access mean great boating today. Bring a lunch.

July 23<sup>rd</sup> - meet at 10:00 for a 10:30 launch  
**Point Judith Pond - South Kingstown**  
Trip coordinator: Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 617-794-0378

We will put in at the public boat launch at Marina Park and will explore the upper Point Judith Pond before paddling through the Narrows into the lower Point Judith Pond. Bring a lunch.

July 27<sup>th</sup> - meet at 5:30 for a 6:00 launch  
**Meeting on the Water - 100 Acre Cove in Barrington**  
Trip coordinator: Al Sampson [wanderlust\\_bristol@yahoo.com](mailto:wanderlust_bristol@yahoo.com) 401-441-4427

We will take a leisurely paddle around the saltwater marsh islands of 100 Acre Cove.

July 30<sup>th</sup> - meet at 9:30 for a 10:00 launch  
**Seekonk River- Town Landing, Pawtucket**  
Trip coordinators: : Skye [scitamb.2@juno.com](mailto:scitamb.2@juno.com), Steve Pechie [Resq1192@gmail.com](mailto:Resq1192@gmail.com), Roscoe Skurka [cskurka61@gmail.com](mailto:cskurka61@gmail.com) 401-823-8925

For the first half mile below this access site, the Seekonk River is relatively narrow, but it then opens up into a broad tidal estuary between East Providence and Providence. Bring a lunch.

August 6<sup>th</sup> - meet at 10:00 for a 10:30 launch  
**Charles River – Waltham, MA**  
Trip coordinators: Skye [scitamb.2@juno.com](mailto:scitamb.2@juno.com), Steve Pechie [Resq1192@gmail.com](mailto:Resq1192@gmail.com), Roscoe Skurka [cskurka61@gmail.com](mailto:cskurka61@gmail.com) 401-823-8925 and Steve Norris [sirron30@gmail.com](mailto:sirron30@gmail.com)

We will paddle up the river through Norumbega Pond and continue upstream towards Wellesley and Newton Lower Falls. Bring a lunch.

August 12<sup>th</sup> - meet at 8:00 for an 8:30 launch  
**Moonlight Paddle on Indian Lake - South Kingstown**  
Trip coordinators: Jen Stanton [bigredstantons@gmail.com](mailto:bigredstantons@gmail.com), Cindy Gianfransisco and Chuck Horbert [chorbert13@gmail.com](mailto:chorbert13@gmail.com) 401-418-2838

Indian Lake is a large, 260-acre lake. Some of the shoreline is built up but much of the shoreline is natural. Bring a headlamp or waterproof flashlight.

August 13<sup>th</sup> - meet at 10:00 for a 10:30 launch  
**Pawcatuck River- Bradford to Potter Hill**  
Trip coordinators: Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 617-794-0378

The river twists and turns through the woodlands owned by the Westerly Land Trust and Hopkinton Land Trust. Bring a lunch.

August 20<sup>th</sup> - meet at 9:00 for a 9:30 am launch  
**Sudbury River**  
Trip coordinators: Bill Luther [williamluther058@gmail.com](mailto:williamluther058@gmail.com) 508-7671-

7961 and Erik Eckilson [eckilson@cox.net](mailto:eckilson@cox.net) 401-765-1741  
The Sudbury is a designated Wild and Scenic River. We will head upstream to Rt. 20 for about 4 miles and return downstream for a total of about 8 miles. This will be a one-way non-shuttle trip. Bring a lunch

August 24<sup>th</sup> - Meet at 5:00 for a 5:30 pm launch.  
**August Meeting on the Water Upper Pawtuxet- Hope, RI**  
Trip coordinators: Chuck Horbert and Cindy Gianfransisco [chorbert13@gmail.com](mailto:chorbert13@gmail.com) 401-418-2838

We will paddle up the winding marshy pond created by the Hope Dam to the Scituate Reservoir. Bring a headlamp or waterproof flashlight.

## Sea Kayak Trips

Before choosing to participate in a trip, check the marine forecast and consider the trip level – we do not rate the paddler, only the paddle. Read the RICKA Sea Kayak [Paddling Basics](#) section of the website. Always check the [Calendar](#) for changes to the schedule. Cancellations due to weather or other conditions will be posted on the Message Board by 8:00 a.m. the day of the trip.

July 4<sup>th</sup> - **Sakonnet Point** – paddle with potluck to follow at 1404 Drift Road (Jon S)  
July 10<sup>th</sup> – **Westport Boat Ramp**, Level 3 (Jon S)  
July 16<sup>th</sup> - **Fort Wetherell**, Level 3 / 4 (Brenda R)  
July 23<sup>rd</sup> - **URI Bay Campus**, Level 2 (Rick B)  
August 13<sup>th</sup> - **West Island, MA**, Level: 3 - put in at Edgewater Street (Cat and Mike H.)  
August 27<sup>th</sup> - **Kings Beach Fishing Area** - Level: 3 (Rich C)

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# RICKA Classifieds

Classified ads are free for RICKA members and are printed here on space-available basis. Please see the [website](#) for the complete list and full description.

- **21' Current Designs Tandem Unity Kayak** – excellent shape comes with spray skirts, travel cockpit covers, and two graphite paddles (220cm/210cm).- \$3000. Contact [r.john.davenport.phd@gmail.com](mailto:r.john.davenport.phd@gmail.com)
- **PRICE REDUCED: Surftech Universal SUP** – green and grey in very good; a few scratches, occasional bubbles on deck pad. Perfect starter or family board - \$699. **Angulo Surfa SUP Surfing** - bright yellow with orange and white graphics in very good condition with a few scratches and dings; deck pad rubber worn in spots. This is a cutting-edge Hawaiian design. Collector's item that is no longer made - \$1,099. Contact Mark at [shinnen108@gmail.com](mailto:shinnen108@gmail.com)
- **Valley Pintail** - 17 feet x 22 inches. Ocean cockpit, built-in pump, compass, drop down skeg, 2 large covered storage compartments and 1 small day compartment (hatch covers are all new). Boat is in Fairfield, CT - asking \$850. Email [seaoutside@yahoo.com](mailto:seaoutside@yahoo.com)
- **Perception Carolina** – 12', highly visible "Sunset" yellow/orange. Great all-purpose boat. Stable, tracks and paddles beautifully - \$900. Cash sale please. Contact [susecv@gmail.com](mailto:susecv@gmail.com)
- **Eddyline Fathom Touring Kayak** – sapphire, nearly new pristine condition. Length: 16'6", Width/Beam: 22, Depth: 13.5, Weight: 50, Cockpit Size: 31.6 x 16.5. Includes: Seals neoprene cockpit cover Kokatat basicc Sea Skirt (XL) - \$2,100. Location: Metro Boston MA. Contact Nicholas 978-621-7935
- **Point 65N Mercury GTX modular kayak** - still in box. Will deliver south and east of Fitchburg MA to Cape Cod Canal. \$1600 Please leave message 978-667-1841
- **Lendal Storm paddle** - 215 cm - several years old but lightly used. Asking \$295. Contact Richard at 401-595-1175
- **Malone Roof Racks** - steel cross system adjustable for kayak or canoe - \$90. E-mail [bellshole1973@gmail.com](mailto:bellshole1973@gmail.com) or phone Don 774 266-3809
- **Nigel Foster Silhouette Kayak built by Seaward Kayaks** - 17' 10" length, 20.5" width, good condition, stored indoors. Kevlar construction with yellow deck, built-in compass, Sea-lect hatch covers - \$1,200 cash only in person. [wsmith16@charter.net](mailto:wsmith16@charter.net)
- **Kokatat Women's Odyssey Drysuit** - medium with "Ice" color. Barely used and in excellent condition. Asking price \$900. Comes with a detachable hood. Please contact [emilkrasich@gmail.com](mailto:emilkrasich@gmail.com).
- **Heritage Expedition** - kevlar, red - \$1,200. Contact [pabergh@gmail.com](mailto:pabergh@gmail.com)
- **Betsie Bay Recluse** - built/bought 2007/original owner; 19' long and 20 1/2" wide; weight 30 to 34 lbs.; with spray skirt, cockpit cover, Greenland paddle (Tuktu), Brooks Tuilik (large), and other accessories - \$2,750. Contact Charlie 518-234-9235 in Albany, NY area; meet half way possible.
- **A high performance paddle board** - offered @ \$900. **Valley Pintail** - excellent condition - asking \$2,300. [rogernc@mac.com](mailto:rogernc@mac.com) or cell 401-339-4068
- **PRICE REDUCED: Handmade wooden kayak with wooden paddle** - Wood Duck 12 Hybrid from Chesapeake Light Craft. Fiberglass/epoxy so no maintenance required - \$1500. [petemeboy@gmail.com](mailto:petemeboy@gmail.com)

Would you like to read more about sea kayaking? **Subscribe to Atlantic Coastal Kayaker**

Atlantic Coastal Kayaker will bring you a 36-page issue all about sea kayaking, 8 months a year.  
(March through December)

**Special rate for RICKA members  
\$18 a year – a \$6.00 discount**

Send for a free sample issue.

Atlantic Coastal Kayaker  
224 Argilla Road  
Ipswich, MA 01938  
Phone: 978-356-6112 (phone and fax)  
Email: [ackayak@comcast.net](mailto:ackayak@comcast.net)  
Website:  
<http://www.atlanticcoastalkayaker.com>

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Gloucester, RI 02857-2611 or [webmaster@ricka.org](mailto:webmaster@ricka.org). Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's and newsletter editor's discretion.