

# PADDLER

www.ricka.org

Newsletter of the Rhode Island Canoe & Kayak Association Vol. XXXXII No. 9 September 2019

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## RICKA Family Picnic Goddard Park – Pavilion F Saturday, September 21, 2019

This year's RICKA Family Picnic will be held on Saturday, September 21, 2019 at [Goddard Park](#) in Warwick.

In the morning, flatwater and sea kayak trips will leave from the boat ramp. Meet at 9:30 for a 10:00 launch. Lunch will be served starting at 12:30. The 2019 RICKA Awards Ceremony will follow lunch. Fire Works Catering will provide a wrap sandwich luncheon that includes a selection of specialty wrap sandwiches (including vegetarian), mixed green salad, pasta salad, chips, cookies, watermelon and drinks. The cost will be \$10.50 per person. All are welcome to attend including members, their families, significant others, and friends. Mark your calendars for this fun event!! Rain or Shine. Who knows.... you may be receiving an award. Hope to see you all there! **See page 3 to register and for additional information.**



Paddling Greenwich Cove at the 2014 RICKA Family Picnic.

**Directions:** from Route 4 south take exit 8 to Route 401 south toward Route 2/I-95/Greenwich. Turn right on to Route 1 south, and then left on Old Forge Road. Bear left on the Ives Road, and follow the signs to the boat ramp once you enter Goddard Park. **GPS Coordinates:** 41.654347, -71.443997

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### Save the date - October Meeting Trip Planning and Group Management Wednesday, October 16, 2019 at 7:00

At our October Meeting, Carl Ladd of [Osprey Sea & Surf Adventures](#) will speak to us on Trip Planning and Group Management. This will be an interactive presentation that looks at how to predict terrain and conditions prior to getting on the water. We will look at scenarios for lake, river and coastal environments. We will also look at best practices for moving a group through these areas.

The meeting will be held at the Louttit Library in West Greenwich.

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### Save the date - November Meeting Movie Night - Our Favorite Trips of 2019 Monday, November 18, 2019 at 7:00 p.m.

At our November Meeting, we'll look back with stories, pictures and videos at our favorite trips of 2019. With over 100 trips scheduled by RICKA this year, it can be tough to pick a favorite, but we'll do just that. Videos should be no longer than 10 minutes and advance notice is required. We will have adaptors for connecting Mac and PC laptops to a projector. The meeting will be held at the Louttit Library in West Greenwich.

If you have a video you would like to share, please contact Erik Eckilson at [eckilson@cox.net](mailto:eckilson@cox.net).

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# Wilderness Camping and Paddling

## Pawcatuck River Camping Weekend September 28-29, 2019

A fun overnight trip, and a great opportunity to try “wilderness camping”. We will put in at Alton Landing and paddle down Wood River to the convergence with the Pawcatuck River where we will camp for the night. You will need a tent, sleeping bag, food (unless we do group meals), mess kit, a folding chair and your usual paddling gear. We will be staying at a primitive campsite, so bathroom facilities will not be available. No prior camping experience is required, but you must sign up in advance by contacting Chuck Horbert at [chorbert13@gmail.com](mailto:chorbert13@gmail.com).

## Lobster Lake and West Branch Penobscot October 1-6, 2019

The RICKA Wilderness Group is organizing an extended trip on the [West Branch Penobscot River from Lobster Lake to Chesuncook Lake](#) in the North Maine Woods. The trip is open to anyone, advanced-beginner to expert, who has done at least one self-supported, overnight primitive camping trip (the Pawcatuck trip on September 28<sup>th</sup> is a great way to start). The trip will be limited to a maximum of 6-7 individuals. For questions or to sign up contact Chuck Horbert at [chorbert13@gmail.com](mailto:chorbert13@gmail.com) or 401-418-2838.

All paddling trips are at the discretion of the leader. Paddlers will need a canoe or kayak that is appropriate for the conditions, paddle, personal flotation device (PFD), paddle float, pump, and spare clothes. You will also need camping equipment including a tent, sleeping bag, food and cooking gear. Contact the leader for additional information.

## RICKA is an ACA



## Paddle America Club

### Executive Board:

The next Executive Board meeting will be held on September 4<sup>th</sup> at 7:00 p.m. at the [REI Cranston Store](#), 22 Chapel View Boulevard, Cranston. All are welcome to attend.

### Newsletter Editor:

Erik Eckilson  
11 Diana Drive  
Woonsocket, RI 02895  
Email: [editor@ricka.org](mailto:editor@ricka.org)

### Membership:

Sharon Dragon  
P.O. Box 184  
Hope Valley, RI 02832  
Email: [membership@ricka.org](mailto:membership@ricka.org)

The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc.

## Submit your stories to the

Do you have a story that you could share, a picture, gear review or trip report? **Please consider sending it to the Paddler.** Chances are, there are a lot of people who would really enjoy seeing it.

Don't be shy, please send it along to [editor@ricka.org](mailto:editor@ricka.org)!

## Rhode Island Canoe & Kayak Association

### Executive Board

**President:** Pat (Mayhew) Lardner .....401-524-8057..... [pslardner@gmail.com](mailto:pslardner@gmail.com)  
**Vice President:** Danny O'Shea .....401-527-3447..... [doshea5031@aol.com](mailto:doshea5031@aol.com)  
**Secretary:** Skye Pechie .....401-647-0074..... [scitamb.2@juno.com](mailto:scitamb.2@juno.com)  
**Treasurer:** Andy Viera.....774-218-5731..... [andyv51@hotmail.com](mailto:andyv51@hotmail.com)

### Members at Large:

Mike Bussell.....401-568-8605..... [canoedad@cox.net](mailto:canoedad@cox.net)  
Peter Hill .....508-366-6381..... [peter.kayaker@yahoo.com](mailto:peter.kayaker@yahoo.com)  
Sean Murphy .....401-206-7829..... [sean026@hotmail.com](mailto:sean026@hotmail.com)  
Marty O'Loughlin .....508-336-9592..... [maopao@comcast.net](mailto:maopao@comcast.net)  
Gary Powers .....401-743-3729..... [garpow28@aol.com](mailto:garpow28@aol.com)

**Conservation:** Ric Souza .....508-572-3095..... [rj\\_salty@yahoo.com](mailto:rj_salty@yahoo.com)

**Flatwater:** Cheryl Thompson .....401-497-5887..... [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com)

**Librarian:** Bill Hahn.....401-524-1612..... [librarian@ricka.org](mailto:librarian@ricka.org)

**Membership:** Sharon Dragon .....401-225-3942..... [membership@ricka.org](mailto:membership@ricka.org)

**Safety & Education:** Bill Luther.....401-527-4126... [williamluther058@gmail.com](mailto:williamluther058@gmail.com)

**Sea Kayak:** Carleen McOsker.....401-499-7007... [carleenmcosker@icloud.com](mailto:carleenmcosker@icloud.com)

**Webmaster:** Cheryl Thompson .....401-497-5887..... [stonefoxfarm@juno.com](mailto:stonefoxfarm@juno.com)

**Whitewater:** Paul Leclerc .....401-568-1103..... [paul\\_leclerc@hotmail.com](mailto:paul_leclerc@hotmail.com)

**Wilderness:** Chuck Horbert .....401-418-2838..... [chorbert13@gmail.com](mailto:chorbert13@gmail.com)



# RICKA Family Picnic

## Goddard Park – Pavilion F

Saturday, September 21, 2019

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In the morning, flatwater and sea kayak trips will leave from the boat ramp. Meet at 9:30 for a 10:00 launch. Lunch will be served starting at 12:30. The 2019 RICKA Awards Ceremony will follow lunch.

Fire Works Catering will provide a wrap sandwich luncheon that includes a selection of specialty wrap sandwiches (including vegetarian), mixed green salad, pasta salad, chips, cookies, watermelon and drinks. The cost will be \$10.50 per person.



Paddling Greenwich Cove at the 2014 RICKA Family Picnic.

Because this is a catered event we must have your reservation no later than September 14, 2019. You can register by mail or online using PayPal at:

[http://www.ricka.org/Payments/ricka\\_picnic.html](http://www.ricka.org/Payments/ricka_picnic.html)

If you register by mail, please print out the form below and return it with your check payable to RICKA to:

Andy Viera  
8 Bradford Road  
Milford, MA 01757

All are welcome to attend including members, their families, significant others, and friends.

Mark your calendars for this fun event!! Rain or Shine. Who knows.... you may be receiving an award. Hope to see you all there!

Member Name: \_\_\_\_\_

Number of Meals (same price for all) \_\_\_\_\_ X \$10.50 = \$ \_\_\_\_\_

Fire Works Catering will provide a Wrap Sandwich Luncheon including:

- Selection of Specialty Wrap Sandwiches (including Vegetarian)
- Mixed Green Salad, Pasta Salad and Chips
- House Baked Cookies
- Drinks and Watermelon will also be available

Make check payable to RICKA and mail them to:

Andy Viera  
8 Bradford Road  
Milford, MA 01757

# Adirondacks 2019

By Henry Dziadosz

Well it was over twenty years ago when I first paddled in the Adirondacks (ADK). We were a motley crew of eight with Bill Luther, Barbara August, my late wife Nikki and myself in the mix. We followed the Northern Forest Canoe Trail route from Old Forge to Saranac Lake. The weather was terrible, cold and rainy, the mosquitoes and black flies even worse. The scenery and the solitude of the area captured me and has not let go of me to this day.

When I finally went back with Barbara and Alan August it was 1999 and we decided to camp in one central state campground and do day trips. There is a lot to be said for a hot shower, a warm meal and a dry place to sleep after a long day of paddling. We all liked the format and decided we would come back and do it again the following year. The “central camping – different day trip” format has worked well over the intervening years. We have tried it in Maine on several occasions, but the proximity, quality and variety of the canoe trips in the ADK is hard to beat. By my count, we have paddled close to thirty different trips over the years. The number of participants reached a high of 25 people and 5 dogs this year. We had two tandem canoes, two solo canoes, twenty kayaks and a dog and person kayak.

Chuck Horbert and I had met over the winter to come up with some new plans for the outing. As the number of participants has increased, the amount of parking has become a constraint on where we can paddle. This year Chuck and I decided that we would have two different trips each day. This cut down on the number of cars and increased the variety of the trips that would be available to participants. We also decided to use texting to inform participants what the trips would be the next day and when we would be departing



Middle Saranac Lake  
Photo by Mike Vechinski

the campground. This worked out well and saved Chuck and I from trying to track down each participant to disseminate the information.

This is a list of the trips I believe we paddled ... Round Pond (twice), Rich Lake, Forked Lake, Miami River, Lowe's Lake-Bog River (twice) Middle Saranac Lake (with locks), Polliwog Pond Loop, Raquette River I and II, and Lake Eaton. We departed at 9:30 and 10:00 depending upon which trip had the farthest to travel. Travel times varied between 15 and 50 minutes. We were usually back by 4:00.

Evening festivities consisted of dinner and a campfire. Some people gathered in groups to eat and some stayed in their own campsite for the evening meal. Our illustrious president, Pat Lardner, usually had a campfire in her site and provided signage and an interesting light show (you've got to ask someone who was there!!!). Pat and Danny O'Shea passed out commemorative ADK 2019 RICKA patches to all participants.

We had five new people who joined the group this year. I always love hearing from the new participants when they talk about their plans for next year's trip. The Adirondacks has captured another person with its' charm.

I would like to thank Chuck for his help in planning and leading this adventure, Pat and Danny for their leadership and hospitality and to all the participants who made this trip a success. See you in the ADK 2020!

## Greenway Challenge Team

We need your response by **September 4<sup>th</sup>** if you are interested in joining the RICKA team for the [UniBank Greenway Challenge](#) - the region's premier adventure race on September 28, 2019.

This annual event includes running, road bike, mountain bike, and paddling segments, which can be run as either a team relay or individual. Participants range from weekender to competitive.

The race runs through one of the most beautiful and historic regions of New England - the Blackstone River Valley National Heritage Corridor located between Worcester, MA and Pawtucket, RI. This year's race will run 60.9-miles downriver (north to south) from the Whitin Community Center to the Lincoln Woods State Park. The course will include 2 two street runs, 2 road bikes, 1 mountain bike, 1 trail run, 1 river paddle, and 1 lake paddle with transitions at Rice City Pond/River Bend Farm and Douglas State Forest/Wallum Lake. See the [Course Page](#) on the [Greenway Challenge website](#) for additional information.

Please contact Gary Powers at [garpow28@aol.com](mailto:garpow28@aol.com) by September 4<sup>th</sup> if you are interested in joining the team. Please indicate your segment of choice. The team is open to RICKA members, family or friend, but we must finalize our team by September 4<sup>th</sup> or late fees will apply.

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## Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. **YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.**

### Blackstone Valley Paddle Club Trips

Unless otherwise noted, Blackstone Valley Paddle Club trips are suitable for all boats and skill levels. More detailed trip descriptions can be found on the [web site](#)

September 7<sup>th</sup> - meet at 12:30 for a 1:00pm launch.

**Blackstone Gorge**  
GO Program for the Corridor

Leaders: Earl MacRae  
[earlandpat@comcast.net](mailto:earlandpat@comcast.net) 508-988-5589  
and Frank Cortessa  
[frankcortesa@charter.net](mailto:frankcortesa@charter.net) 508-369-8205

We will put in at the Blackstone Gorge and paddle upstream past the Triad Bridge to the Millville Lock and back.

### Flatwater Trips

Check the [Flatwater Message Board](#) for ad-hoc trips and hikes. Appropriate skills and equipment are required.

September 14<sup>th</sup> – meet at 10:00 for a 10:30 shuttle

**Pawtuxet River Paddle & Cleanup - Warwick to Pawtuxet Cove**

Coordinator - Gary Powers  
[garpow28@aol.com](mailto:garpow28@aol.com)

A 7-mile river cleanup paddle on the Pawtuxet River concentrating mainly on

easily captured trash such as bottles and cans. Supplies such as gloves and pickup extension tools will be provided. Bring a lunch.

September 21<sup>st</sup>  
**RICKA Picnic at Goddard Park**

Meet at the boat ramp at 9:30 for the paddle. Lunch will be served starting at 12:30. The 2019 RICKA Awards Ceremony will follow lunch. See page 3 for details.

October 6<sup>th</sup> – meet at 10:00  
**Bigelow Hollow State Park, Union CT – RSVP required**

Leaders: Earl and Pat MacRae  
[earlandpat@comcast.net](mailto:earlandpat@comcast.net) 508-988-5589

We will launch from the boat launch for Mashapaug Pond, and will stop at one of the campsites for lunch. Earl and Pat will provide food from the grill, but please bring a potluck dish to share. Please RSVP.

October 19<sup>th</sup> - Meet at 10:00 for a 10:30 launch

**Nashua River – Groton to Pepperell**  
Louise Price [weezrad@yahoo.com](mailto:weezrad@yahoo.com) and Frank Cortesa at [frankcortesa@charter.net](mailto:frankcortesa@charter.net) 508-369-8205.

The Nashua River has been referred to as one of the prettiest places to paddle in eastern MA. Twists and turns among the many islands coupled with many side channels turns this inundated marshland into a giant 5-mile long maze. Round trip will make this an approximately a 10-mile paddle. Suitable for any size boat. Bring a lunch.

November 2<sup>nd</sup> - meet at 10:30, launch at 11:00, and lunch at 2:00.

**Turkey Paddle and Dinner - Webster Lake – RSVP required for dinner**

Organizers: Earl and Pat MacRae  
[earlandpat@comcast.net](mailto:earlandpat@comcast.net) 508-988-5589

Meet at 10:30 pm for a 10:30 launch. Paddle on Webster Lake with dinner at 2:00 at the waterfront Point Breeze

Restaurant in Webster. [Please RSVP for dinner here.](#)

### Wilderness Trips

September 28<sup>th</sup> – 29<sup>th</sup>  
**Pawcatuck River and Camping Weekend**

Leader: Chuck Horbert at  
[chorbert13@gmail.com](mailto:chorbert13@gmail.com) or 401-418-2838

An easy overnight, and a great opportunity to try “wilderness camping”. See page 2 for details.

October 1<sup>st</sup> – 6<sup>th</sup>  
**Lobster Lake and West Branch Penobscot Wilderness Camping**  
Leader: Chuck Horbert at  
[chorbert13@gmail.com](mailto:chorbert13@gmail.com) or 401-418-2838

An extended trip on the [West Branch Penobscot River from Lobster Lake to Chesuncook Lake](#) in the North Maine Woods. This trip is open to anyone who has done at least one self-supported, overnight primitive camping trip. See page 2 for details.

### Sea Kayak Trips

Before choosing to participate in a trip, check the marine forecast and consider the trip level – we do not rate the paddler, only the paddle. Read the [RICKA Sea Kayak Paddling Basics](#) section of the website.

Always check the [Calendar](#) for changes to the schedule. Cancellations due to weather or other conditions will be posted on the [Message Board](#) by 8:00 a.m. the day of the trip.

September 2<sup>nd</sup> – 10:00  
**Fort Wetherill - Jamestown - level 4**  
Coordinators: Brenda Rashleigh & Tim Gleason - [vtbren@gmail.com](mailto:vtbren@gmail.com)

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# RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the [website](#) for the complete list.

- **Tahe Greenland Model Kayak** - 18 x 20 white over white fiberglass. Ocean Cockpit in very good condition. No deep scratches, or damage - \$1,500. Contact [aikijerry@gmail.com](mailto:aikijerry@gmail.com)
- **Yakima roof rack system** with locks and two sets of kayak saddles. Clampsto vehicle's existing side rails, was on a Subaru Forester. Includes Thule Waterslide for easy loading and straps to secure two kayaks. \$250 obo. Contact Tim at [timothyjmotte@gmail.com](mailto:timothyjmotte@gmail.com)
- **Valley Skerrary** - 17 ft. X 23" - yellow rotomold, wire skeg, ocean cockpit and lots of rocker. Cost \$500. **Valley Avocet** - 16 ft. X 22". yellow rotomold, wire skeg, keyhole cockpit and lots of rocker. Cost \$500. **Dagger Baja** - 16 ft. X 22" - blue rotomold, integral rudder, keyhole cockpit. Cost \$500. Contact: Greg Paquin, Kayak Waveology, LLC. [coach@kayakwaveology.com](mailto:coach@kayakwaveology.com) 860-304-4000
- **Old Town Discovery 16.9 Canoe** - blue rotomolded plastic, 1990s vintage, good condition, with 2 Mowhawk ABS paddles, in N. Kingstown, \$250. [garywhitney3@cox.net](mailto:garywhitney3@cox.net)
- **Betsie Bay Recluse** - Greenland Style Outfitted Boat; built/bought 2007/original owner; 19' long and 20 1/2" wide; weight 30 to 34 lbs.; with spray skirt, cockpit cover, Greenland Paddle (Tuktu), Brooks Tuilik (large), and other accessories; Excellent condition (stored indoors/only fresh water use); \$2750 (\$4500 value); Contact Charlie 518-234-9235 in Albany, NY area.
- **Waldon Passage Kayak** - 15-foot performance touring kayak. Yellow. Perfect for coast, bay, or river. Adjustable foot pedals. Built-in skeg. Bow and stern bulkheads. Always garaged. Yours for \$675 including nylon spray skirt and cockpit rim cover. (Matching two piece 230 cm wood paddle also available for extra \$100). Contact Mark at [shinnen108@gmail.com](mailto:shinnen108@gmail.com) or 401-999-7364.
- **2011 Valley Etain Sea Kayak** - this is the 17-7 model. The boat is in excellent structural condition, with only a few cosmetic repairs to the gel coat on hull. \$1700 OBO. Located in North Kingstown, RI. Gary at [glreynolds@hotmail.com](mailto:glreynolds@hotmail.com) or 401-295-1449
- **High performance paddle board** - approximate retail value of \$2K, offered \$900. **Valley Pintail** - if new, approximately \$4,500. This one in excellent condition; Asking 2,30. **Necky Gliss** - is new. A great value, offered @ \$1,240. Available for viewing on the East Side of Providence [rogernc@mac.com](mailto:rogernc@mac.com) or cell 401-339-4068
- **P&H Scorpio LV (2009)** - 16'7" Beam 22", custom cockpit with foam sacral block instead of back band, foam foot rest, and foam under-deck thigh pad (have original thigh braces and foot pegs for re-installation if desired). Boat is in very good condition. Always stored in garage. \$675.00 OBO. **Valley Aquanaut (2005)** - 17'7" Beam 22". The boat is very good to excellent condition. Foam sacral block instead of back band, new front and rear hatch covers. Always stored in garage. \$1,275.00 OBO. Will also consider a trade for right boat. Contact [Fred at g33zr@gmx.com](mailto:Fred at g33zr@gmx.com) or text 401-569-6038
- **QCC500** - Fiberglass, length/width: 16' 10" x 23" cockpit: 30" x 16" yellow/white, nice stable boat. Comes with full-zip custom canvas cover and storm paddle. New skeg & cable. \$1,200 firm. **QCC700** - carbon kevlar, length/width: 18.0' x 21" cockpit: 30" x 16" Used 3 times, stored indoors, perfect condition. Includes cockpit cover; extremely fast. \$3000. Contact 401.480.7799
- **Necky Looksha IV** - fore and aft hatches, rudder, some poly dings repaired, new keel strip; double hard chines and rockered hull. About 54 pounds - \$1,500 OBO. Located in East Bay area. [kayakjmj@yahoo.com](mailto:kayakjmj@yahoo.com)
- **Snapdragon neoprene kayak skirt** - excellent condition. Cockpit size large, fits 18 wide x 33-35 length. Tunnel size small. 28-3 inches circumference - \$50. [welcomelacefarm@yahoo.com](mailto:welcomelacefarm@yahoo.com)

Would you like to read more about sea kayaking?

### Subscribe to Atlantic Coastal Kayaker

Atlantic Coastal Kayaker will bring you a 36-page issue all about sea kayaking, 8 months a year. (March through December)

**Special rate for RICKA members  
\$18 a year – a \$6.00 discount**

Send for a free sample issue.

Atlantic Coastal Kayaker  
224 Argilla Road  
Ipswich, MA 01938

Phone: 978-356-6112 (phone and fax)

Email: [ackayak@comcast.net](mailto:ackayak@comcast.net)

Website: <http://www.atlanticcoastalkayaker.com>

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Gloucester, RI 02857-2611 or [webmaster@ricka.org](mailto:webmaster@ricka.org). Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's and newsletter editor's discretion.