

June On-Water Meeting How to Paddle a Tandem Canoe Monday, June 18, 2018 at 6:30 p.m.

Join us at the <u>Blackstone River Watershed Council/Friends of the Blackstone</u> Environmental Center as Erik Eckilson, Henry Dziadosz and Earl MacRae demonstrate how to paddle a tandem canoe. We will start with an on-shore demonstration, followed by coaching on the water. Bring a canoe (or kayak if you prefer), otherwise the Friends of the Blackstone will have canoes available for us to use. We hope to get everyone out on the water for a short trip down to the Albion Dam. **The Environmental Center is located at 100 New River Road, Lincoln, RI.**



Haven't paddled a canoe in a while? This is the time to give it try!

Directions from Providence and points south – From Route 146 north, take the exit for Route 295 and Route 99 – Boston, Warwick. After passing the Route 295 on-

ramps bear right on to Route 99 north – Woonsocket, Cumberland. Take the first exit for Sayles Hill Road. Take a right at end of exit on to Sayles Hill Road. Continue for 0.8 miles (Sayles Hill Road will become Old River Road) and take a left on to Main Street. Continue for 0.4 miles and take a right at the light on to New River Road. Continue for 0.2 miles and take a left at

the Bike Path – the Environmental Center (see picture on right) is down the road on the right. Parking is available in the bike path parking lot.



Directions from Massachusetts and points north – take Route 146 south. After passing the Park Square, Woonsocket exit, take a left at the light on to Sayles Hill Road. Continue for 1.0 mile (Sayles Hill Road will

become Old River Road) and take a left on to Main Street. Continue for 0.4 miles and take a right at the light on to New River Road. Continue for 0.2 miles and take a left at the Bike Path – the Environmental Center (see picture on right) is down the road on the right. Parking is available in the bike path parking lot.

Basic Flatwater Training June 16, 2018 at 1:00

The <u>RICKA Flatwater Group</u> will be holding a Basic Flatwater Paddling Class on Saturday, June 16th at 1:00 at the <u>EMS Outdoor</u> <u>School on Late Pearl</u> in Wrentham, MA. In this 3-hour class, paddlers will learn the basic strokes and maneuvers to control their boats on flatwater. Class size is limited to 25 paddlers, and an RSVP is required.

Please RSVP to Cheryl Thompson at <u>stonefoxfarm@juno.com</u> or Erik Eckilson at <u>eckilson@cox.net</u>.

<u>Save the Date!</u> **RICKA Family Picnic** Saturday, September 22, 2018

This year's RICKA Family Picnic will be held at Ninigret Park in Charlestown on Saturday, September 22nd. In the morning, flatwater and sea kayak trips will leave from the boat launch. Lunch will be served starting at 12:30. The RICKA Awards Ceremony will follow lunch.

Mark your calendars for this fun event!! Who knows.... you may be receiving an award!

From the RICKA Library **AMC Paddle Guides**

Sea Kayaking along the New England Coast By Tamsin Venn

This is the AMC's classic guide that leads adventurous kayakers on more than 45 trips along the magnificent New England coastline. Kayakers of all abilities can explore expansive sand beaches, bird watch in vast marshes, tour solitary estuaries, or challenge their skills along wild shorelines. Each trip includes a detailed map and description. Whether you're just discovering the joys of sea kayaking or have been exploring the New England coast for years, Sea Kayaking Along the New England Coast will expand your list of paddling locations.

Quiet Water MA, CT and RI By John Hayes and Alex Wilson

This is the AMC's popular Quiet Water guide that offers paddlers of all ages and abilities adventure and enjoyment on the water. These tours lead you to out-of-the-way lakes and ponds, meandering rivers, marshy coves and inlets, and more. Each trip features a detailed tour description including habitat type and notes about the flora and fauna you'll discover along the way. Beginner and experienced paddlers, birdwatchers, anglers, and families alike will appreciate this detailed, easy-to-use guide to southern New England's best quiet water.

These are just two of the great books, tapes and DVD's covering the range of paddling topics that are available in our <u>collection</u>. If you would like to check out these or any other selections, contact Bill Hahn at <u>librarian@ricka.org</u>. Library selections can be mailed to you with a postage paid return mailer provided at no cost to the borrower.

RICKA is an ACA



Paddle America Club

Executive Board:

The next Executive Board meeting will be held on June 6th at 7:00 p.m. at the <u>REI Cranston Store</u>, 22 Chapel View Boulevard, Cranston. All are welcome to attend.

Newsletter Editor:

Erik Eckilson 11 Diana Drive Woonsocket, RI 02895 Email: <u>editor@ricka.org</u>

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Sharon Dragon P.O. Box 184 Hope Valley, RI 02832 Email: <u>membership@ricka.org</u>

The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc.

Your RICKA membership expired on March 31, 2018...

Please renew your RICKA membership now!

Please visit the website at: <u>http://www.ricka.org/Join/JointheFun.html</u> You can renew by mail, or online using PayPal.

Rhode Island Canoe & Kayak Association

Executive Board

President: Sharon Dragon	401-225-3942	<u>membership@ricka.org</u>
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Interest Group Q&A Paddling with RICKA Wilderness

What is the RICKA Wilderness group?

The <u>Wilderness</u> group is the newest of RICKA's four interest groups. The Wilderness group organizes trips that involve paddling, camping and other wilderness skills.

What types of trips do you do?

Wilderness trips run the gamut from easy overnight trips on rivers like the Pawcatuck, to weeklong excursions in the <u>Adirondacks</u>, the North Maine Woods or Northern Forest Canoe Trail.

What experience do I need?

It depends on the trip. Some trips are open to all paddlers and require a minimum of camping experience. Other trips are limited to small groups of experienced paddlers, capable of multi-day trips in a variety of paddling conditions.

How do I find out about trips?

On occasion, RICKA Wilderness trips are posted on the trip calendar on our website. <u>http://www.ricka-</u> <u>flatwater.org/wilderness1.htm</u>

More often, they are posted as "bootleg" trips on the Flatwater message board. <u>http://members.boardhost.com/FLATWAT</u> <u>ER/</u>

Please note that these bootleg trips are not official RICKA trips. They are posted for the convenience of our paddlers. As always, you are responsible for determining if the trip is suitable for your level of experience.



A pleasant campsite on the Upper Connecticut River

How do I join a trip?

Official RICKA Wilderness trips are always RSVP trips. Contact the leader via email or at the phone number listed. You may be asked about past experience before being allowed to participate.

"Bootleg" trips posted on the Flatwater message board are not official RICKA trips. The message board is a public service to the paddling community, and anyone can post messages. You must determine if a trip is right for you.

What equipment do I need?

Every paddler will need a canoe or kayak that is appropriate for the conditions, paddles and a personal floatation device (PFD). You will also need drybags and camping equipment including a tent, sleeping bag and cooking gear. You can find a list of other equipment on our website.

http://www.rickaflatwater.org/news/wilderness/GearList.pdf

What about clothing?

Wilderness paddling is a water sport, so you should plan to get wet. Cotton cloths should be avoided. Polypropylene, fleece, wool, and lycra blends insulate well when wet. In colder weather, a neoprene wetsuit is the better insulator, and splash jackets and dry wear are good investments to keep you warm.

What will I eat?

Once again, it depends on the trip. On trips where portages are few and weight is not an issue, we may bring coolers filled with fresh food and arrange group meals. On trips with long and frequent portages every ounce counts. For these trips most of the food will be freeze dried and everyone will arrange their own meals.

Do you offer training?

We occasionally offer "Are You Ready" overnight camping trip for new campers. Watch the website and the Paddler for details on any future trips.

2018 RICKA Adirondacks Trip August 4 – 11, 2018

We will be camping at Lake Eaton Campground in the Adirondacks for our <u>2018 Summer Camping and Paddling</u> trip. Lake Eaton is a beautiful campground with spacious sites and good bathroom facilities. It is also within an hour's drive of many prime-paddling destinations. Please notify Henry Dziadosz <u>hdziadosz@verizon.net</u> if you are planning to attend.

Southern New England Paddlers has posted its 2018 Schedule

Southern New England Paddlers (SNEP) has posted its 2018 schedule. Trips are suitable for all boats and all levels of experience, and are generally located in southern Rhode Island and eastern Connecticut. Many RICKA members are also leaders and members of SNEP, so check it out. Additional information is available at:

https://www.meetup.com/KayakFun/.





Connecticut River Camping By Erik Eckilson

I left my house early and was driving north up Route I-495 in rush hour traffic. As I came to Route 3 in Lowell the commuter traffic was headed south toward Boston, but I headed north into New Hampshire and left the traffic behind. It felt good!

After running the section of the upper Connecticut River from Bloomfield, VT to Lunenburg, VT last fall, Bill and I wanted to come back to run the section a little further north - Canaan, VT to Blooomfield, VT. We had been planning the trip for months, and I was excited that it had finally arrived. I met Bill at the Visitor Center in Hooksett, NH for the drive up to the river.



Earl heads out

The Connecticut River is the longest river in New England flowing south for approximately 400 miles from the Canadian border through four states before emptying into Long Island Sound. Our putin in Canaan, VT was almost at the river's headwaters and just 10 miles from the Canadian border. We would be paddling along the Connecticut River Paddlers Trail on a section of the river that forms the border between Vermont and New Hampshire.

When we arrived at the take-out, Earl and Jonathan were already there, and Conrad arrived shortly after. With the crew complete, we consolidated our boats and



Monadnock Mountain in the distance

gear for trip up to the put-in in Canaan. The river was at a great level - a combination of flatwater, quickwater and easy class I rapids.

As we unloaded our boats at the boat ramp in Canaan we could see the class III rapids located just upstream at the Canaan Dam we wouldn't be running those. Even so, the river was running fast as we headed out. This section of the river meanders though farms and fields as it circles Monadnock Mountain in Vermont - not to be confused with Mount Monadnock in New Hampshire. After passing the Colebrook Bridge we pulled into the Holbrook Point Campsite.

The picnic table and stairs were still chained to a tree when we arrived, so we were probably the first campers to use the site this year. We set up the camp, gathered firewood, and had a nice supper of fried fish and Maine guide potatoes cooked on the fire by Jonathan before we settling in around the campfire for the night.

The next morning we were in no rush to get started since we had a relatively short paddle down to the Lyman Falls. Breakfast



Bill and Jonathan at Holbrook Point

included omelets, home fries, and sausage with lots of coffee. After breakfast we started loading our boats. Unfortunately, I wasn't paying attention and my fully loaded canoe drifted out into the river without me. Fortunately, Conrad had his drysuit and was able swim out and retrieve it before it hit the current and got swept downstream.

The Connecticut River is not known for its wilderness feel, but this section seemed a little more remote with hemlocks lining the banks. Below the Columbia Covered Bridge we paddled two miles of quickwater and class I rapids leading to the Lyman Falls - a washed out dam and our destination for the night.



Erik tries his hand at campfire cooking

Before running Lyman Falls we checked out the campsites upstream on the New Hampshire side, but found them overgrown and poorly maintained. We ran the falls and ferried over to the Vermont side to check out the campsites at the Lyman Falls State Park, which were much nicer. In fact, they were the nicest sites that I had seen so far on the river.

We set up camp and had a lazy afternoon. We were only the second group to use the site this year, so firewood was easy to find and soon we had a large pile to burn. After a little exploring around the campsite, we lit the fire and Jonathan cooked a great dinner of curried chicken. After that, there was nothing left to do but enjoy the fire.

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It had cooled off significantly when we awoke the next morning. The rapids the previous day had dumped enough water in my boat to contaminate the fuel in my Coleman stove, so all cooking would have to be on the fire. Good thing we brought Jonathan along. We got a fire started, the coffee perking, and breakfast cooking bacon, pancakes and leftover curried chicken.

After breakfast, we cleared some logs and debris from the launch area (always leave

Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.

Blackstone Valley Paddle Club Trips

Unless otherwise noted, Blackstone Valley Paddle Club trips are suitable for all boats and skill levels. More detailed trip descriptions can be found on the web site.

June 5th – meet at 6:00 for a 6:15 launch Valley Falls Marsh and the Blackstone River - Cumberland, RI

A scenic paddle for paddlers of all abilities. Enjoy the scenic marsh and a paddle up the Blackstone to the Pratt Dam.

June 12th - meet at 6:00 for a 6:15 launch **River Bend Farm – Uxbridge, MA**

Paddle on the canal to Rice City Pond and the historic Goat Hill Lock, or more

the site better than you found it) before loading our boats. By now the river had dropped about a foot, but was still at a fun level. We did a little surfing below the falls before heading downstream.

Even at this level, there were some nice class I rapids below the Lyman Falls. We were surprised that these easy rapids continued for several miles down to Bloomfield. Unfortunately, Earl and I had to take out there, but Bill, Jonathan and Conrad continued down to the Maidstone Bridge in Stratford. It was another great trip.

experienced paddlers can paddle the loop, down the river and then up the canal.

June 19th - meet at 6:00 for a 6:15 launch Lackey Dam and the Mumford River -Sutton, MA

We will put-in at the Lackey Dam, paddle up the pond and into the Mumford River.

June 26th - meet at 6:00 for a 6:15 launch Blackstone River – Albion to Manville -Lincoln, RI

Put-in above the Albion Dam and paddle upstream to the Manville Dam and back.

July 3rd – meet at 6:00 for a 6:15 launch Chocolateville Landing – Central Falls

We will put in at the Chocolateville Landing and paddle up to Valley Falls.

July 10th – meet at 6:00 for a 6:15 launch **SUP Demo Night**

EMS Schools and the Blackstone Valley Paddle Club will be holding a stand-up paddleboard demo session at the <u>EMS</u> <u>Outdoor School on Late Pearl</u>. This session is free and open to all RICKA and BVPC members, but you must register in advance. Contact Erik Eckilson <u>eckilson@cox.net</u> to register.

July 17th – meet at 6:00 for a 6:15 launch

The RICKA crew -Earl, Bill and Erik

Bowdish Lake - Glocester RI

A pleasant paddle around Bowdish Lake.

July 24th – meet at 6:00 for a 6:15 launch Blackstone Gorge – Blackstone, MA

We will put in above the Rolling Dam and paddle up to the Millville Lock.

Flatwater Trips

Late changes and cancellations will be posted on the <u>Flatwater Message Board</u>. Please check the board before leaving for any trip. Check <u>web site</u> for directions and/or GPS coordinates.

June 2nd – shuttle leaves at 10:00 Wood River – Route 165 to the Wyoming Dam Leader: Sharon Dragon shdrag1@gmail.com 401-225-3942

A 7-mile trip on a pretty section of the Wood River. The beginning of the river may be narrow, shallow and rocky but soon opens up. Bring a lunch.

June 9th - meet at 10:00 Slatersville and the Branch River –

Continued on page 6.





Continued from page 5.

North Smithfield RI Leader: AJ Barbato android2@earthlink.net

This trip provides a nice paddle through a flatwater section of upper Slatersville Reservoir. Bring a lunch

June 10th - meet at 9:30 for a 10:00 launch **Snake River, Taunton MA** Leader: Aaron Correia <u>ackayaking@gmail.com</u>

The Snake meanders with countless hairpin turns through the vast Hockomock Swamp. Canoes and kayaks under 16' only - no long boats. Bring a lunch. (Rain date June 17th)

June 16th – meet at 1:00 Flatwater Training at Lake Pearl

See page 1 for details.

June 16th – shuttle leaves promptly at 10:00 **Wood River- Mechanic Street to Alton** Leader: Sharon Dragon <u>shdrag1@gmail.com</u> 401-225-3942

Suitable for all boats and levels of experience. Bring a lunch. Bring portage wheels if you have them.

June 17th - meet at 10;00 Charles River and Populatic Pond-Norfolk to Medway/Franklin, MA Leaders: Louise Price weezrad@yahoo.com and Frank Cortesa frankcortesa@charter.net 508-369-8205

Suitable for all level of experience. Many twists and turns - suitable for boats 15 feet and shorter. Bring a lunch.

Monday, June 18th – meet 6:30 June Meeting on the Water How to Paddle a Tandem Canoe

See page 1 for details.

June 23rd - meet at 9:00 Geocaching Armada Paddle - Wood/ Pawcatuck – Alton to Bradford, RI Leader: Chris Kracik <u>Kracikcj@cox.net</u>

This is a joint paddle with the Geocaching group. We will stop for lunch and Burlingame Canoe Campsites.

June 30th – RSVP required Joint Flatwater/Whitewater Trip Deerfield River – Charlemont, MA Leader: Erik Eckilson <u>eckilson@cox.net</u> 401-765-1741

This trip has flatwater, quickwater, and three short class I/II rapids. Check the <u>Flatwater Message Board</u> the morning of the trip for shuttle time.

July 7th - meet at 10:00 for a 10:30 shuttle **Pawcatuck River – Richmond to Bradford**

Leaders: Henry Dziadosz hdziadosz@verizon.net 401-567-0313 and Erik Eckilson eckilson@cox.net 401-765-1741

We will put-in in at the J Cronan Access and paddle down to Bradford Landing. The river twists and turns, and you can run or portage the broken dam at Burdickville. Bring a lunch.

July 10th – meet at 6:00 for a 6:15 launch **SUP Demo Night** Organizer Erik Eckilson <u>eckilson@cox.net</u> 401-765-1741

See Blackstone Valley Paddle Club listing.

July 16th – launching at 6:00 **Meeting on the Water - Alton to Woodville** Leader: Sharon Dragon shdrag1@gmail.com 401-225-3942

We will put-in at the Alton Dam and paddle upstream to the Woodville Dam. This is a pleasant paddle with little current through a pretty marsh.

Sea Kayak Trips

Before choosing to participate in a trip, check the marine forecast and consider the trip level – we do not rate the paddler, only the paddle. Read the <u>RICKA Sea Kayak</u> <u>Paddling Basics</u> section of the website. Always check the <u>Calendar</u> for changes to the schedule. Cancellations due to weather or other conditions will be posted on the <u>Message Board</u> by 8:00 a.m. the day of the trip.

June 9th at 10:00 **Sakonnet Harbor - Little Compton, RI** Level: 3/4 Coordinator: Jon Sharlin -<u>jonathansharlin@gmail.com</u>

June 16th at 10:00 **Fort Weatherill - Jamestown, RI** Level: 3 Coordinator: Tim Motte -<u>timothyjmotte@gmail.com</u>

June 17th at 10:00 **Sakonnet Point - Little Compton, RI** Level: 3

June 23 at 10:00 **Kings Beach Newport, RI** Level: 3/4 Coordinator: Gary Branch -<u>GPBranch@verizon.net</u>

June 30th **Orient Point - Connecticut** RSVP ONLY Coordinator: Gary Branch -<u>GPBranch@verizon.net</u>

July 4th at 9:00 Sakonnet Harbor - Little Compton, RI Level: 3/4 Coordinator: Jon Sharlin jonathansharlin@gmail.com

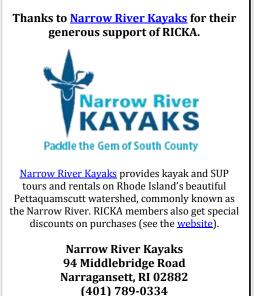




RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the website for the complete list.

- Mad River Rampage 14' ABS whitewater canoe with both high initial and excellent secondary stability; it tracks well yet is very maneuverable. Equipped with an electric bilge pump that puts the water back in the river while you paddle. \$250. Alan, alan02860@usa.com or 401-725-3344.
- Astral Adult Life Jacket small/medium with organic Kapok \$30 Contact wanderlust bristol@yahoo.com
- Nordica glass ocean kayak prime condition, yellow asking \$2,600. Gliss whitewater play boat brand new, yellow \$1,600. Infinity paddleboard used less than a dozen times in Narragansett Bay, red \$1,600. Might consider offers for all three. Call or text Roger at 401-339-4068 or rogernc@mac.com
- Old Town Discovery 16.9 Canoe Blue rotomolded plastic, 1990s vintage, good condition, with 2 Mowhawk ABS paddles, in N. Kingstown, \$450 or best offer garywhitney3@cox.net
- Betsie Bay Recluse. Greenland style kayak 19 feet long; 20 1/2 inches maximum beam; 32 lbs. One season of use; less than 10 times on the water. Includes Greenlander paddle (unused); spray skirt; cockpit cover; 2 hatch lids; and an instructional DVD on Greenland Paddling \$2500.00. Contact Ken Pariseau at kenpariseau@verizon.net
- **P&H Cetus-MV carbon-fiber sea kayak** built 2010, red, excellent condition, \$2,500. 17'10― long, with neoprene spray skirt. Large capacity, efficient hull, 4 hatches, compass, stored indoors. Contact Fred at <u>fffgrif@yahoo.com</u>



http://www.narrowriverkayaks.net

- Valley Aquanaut fiberglass, 17'7", looks like new and in very good to
 excellent condition. Also includes Werner Shuna paddle (215 cm), Snap Dragon spray skirt (LG), and cockpit cover. Asking
 \$1,950. Also for sale: 2 Thule J-bars and racks with c-clips (items show wear and tear but structurally still sound). Asking
 \$35.00. Contact Fred at g33zr@gmx.com or text 401.569.6038
- **P&H Delphin 150 Surf** length: 15', width: 21.5" good condition. always stored in a garage. Asking \$950. Contact Gary at <u>gpbranch@verizon.net</u>or text/call 401.269-6850
- Coleman duel fuel lantern with case \$50 goes for 110 new. Louise Price at weezrad@yahoo.com
- Adirondack Guide Boat 17 feet, seaworthy and fast rowing boat, that needs TLC. \$350 obo. Contact aelliotd@aol.com
- NDK High Volume Explorer \$1,000 <u>mathermotorsports@gmail.com</u>
- North Shore Atlantic Fiberglass Composite LV gently used 6 times, like new. Skeg, keel strip, built in compass and neoprene cover. Total value \$3,800. Asking \$2,650. Located in Wrentham, MA. Contact <u>barachial@icloud.com</u>
- Mad River Malecite ultra lightweight Kevlar canoe \$1,600 <u>mathermotorsports@gmail.com</u>
- Betsie Bay Recluse 19 feet x 20.5 inches Fair to good condition \$500 cash only. Located in eastern CT you come get it at my house. <u>wsmith16@charter.net</u>
- NRS Catalina spray skirt never used, go for \$60 new. \$40 today. Label says 38 inches stretched. Email David target3777@yahoo.com
- Current Designs Sirocco white. I bought it in 2004 and it has ALWAYS been stored inside when not in use. PFD, spray skirt, paddling jackets, Two paddles Kokatat Semi Dry suit. Compass, sponge, pump, paddle float, etc. Paul 401-644-8529 or wynnpw1@yahoo.com

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Glocester, RI 02857-2611 or <u>webmaster@ricka.org</u>. Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's and newsletter editor's discretion.



