

PADDLER

www.ricka.org

Newsletter of the Rhode Island Canoe & Kayak Association

Vol. XXXX

No. 8

August, 2017

August On-Water Meeting Smith and Sayles Reservoir - Gloucester, RI Monday, August 21, 2017 - meet at 5:30 for a 6:00 launch

In lieu of a general meeting in the summer months, we offer a paddle that is suitable for everyone. This month's paddle will be at Smith and Sayles Reservoir. Created in the 1800's to provide a constant supply of water for the mills in the Village of Chepachet, the reservoir is approximately 185-acres with a maximum depth of 10-feet and a shoreline perimeter of approximately 4.6-miles. We will put-in at the state boat ramp at Sand Dam Road. Our leader for the evening is Chuck Horbert chorbert13@gmail.com 401-418-2838.



If you [ordered a 40th Anniversary Tee Shirt](#), you will be able to pick it up at this trip. See page 4 for details.

Directions: Take I-295 North or South to Exit 7B - Greenville, Route 44 West. Follow Route 44 West for 9.1 miles. Turn left onto Chestnut Hill Road. Follow Chestnut Hill Road for .8 mile until you come to Sand Dam Road on the left. Portions of this road are not paved. Follow Sand Dam Road for .1 mile until you come to the state boat ramp on your left.

GPS Coordinates: N41 53.804 W071 40.685

SUP Demo Night Thursday, August 17, 2017 at 5:30

Have you ever wanted to try SUPing? Here's your chance. [EMS Schools](#) and the [Blackstone Valley Paddle Club](#) will be holding a stand-up paddleboard demo session for RICKA members on Thursday, August 17th at 5:30 at the EMS Boathouse at Lincoln Woods. Rain date is August 25, 2017.

We will have paddleboards to try, and a couple of EMS instructors to us started. This session is free and open to all RICKA and BVPC members, but there will be a limited number of boards, so you must register in advance.

Contact Erik Eckilson eckilson@cox.net to register.

RICKA Family Picnic Saturday, September 16, 2017

This year's RICKA Family Picnic will be held on Saturday, September 16, 2017 at Goddard Memorial State Park in Warwick. We have reserved Field Shelter F from 9:00 to 4:00.

In the morning, flatwater and sea kayak trips will leave from the boat launch. Goddard Park also has ample room for ball games, badminton, or most anything else. Lunch will be served starting at 12:30 and will be a wrap sandwich luncheon from Fire Works Catering. The RICKA Awards Ceremony will follow lunch.

See page 3 to register, and mark your calendars for this fun event!! Who knows.... you may be receiving an award!

Sea Kayak Videos from Derek Hutchinson

Beyond the Cockpit - Volume 3

Many paddlers do all of their strokes and maneuvers while keeping their body directly over their kayak. Most sea kayaks turn a lot easier when they are put on edge. However, when you put your kayak on edge it increases the possibility of a capsize. If you can support yourself with your paddle as you lean out "Beyond the Cockpit" you can begin doing amazing things in calm water or rough water conditions. Derek has developed a unique approach (techniques & progressions) for getting his students to edge and lean their kayaks without the fear of capsizing and looking good in the process.

ABC's of the Surf Zone - Volume 4

This video will help the sea kayaker successfully negotiate their way through the surf zone while launching and landing. Even though there are some surfing demonstrations in sea kayaks, the focus of this video is learning how NOT to surf and remain in control. A full list of flatwater drills and skills are demonstrated to prepare you for the surf zone. The main sections include: oceanography, ocean effects on your kayak, the ABC's (Attitude, Body-Boat-Blade, Control, Safety), flat water drills, surf zone drills, launching, landing, capsizing in the surf zone, group launching & landing, surfing and more.

These are just two of the great DVD's and books covering the range of paddling topics that are available in our [collection](#). If you would like to check out these or any other selections, contact Bill Hahn at librarian@ricka.org. Library selections can be mailed to you with a postage paid return mailer provided at no cost to the borrower.

RICKA is an ACA



Paddle America Club

If you haven't already renewed, your RICKA membership expired in April.

Renew your membership now!

You can renew by mail, or online using PayPal. Please visit the website at:

<http://www.ricka.org/Join/JointheFun.html>

Beginning this year, membership renewal letters will be sent by email. In addition, you will no longer need a membership card to get member discounts at local retailers. Just show the email to the retailer, or print and bring the letter with you while shopping.

Executive Board:

The next Executive Board meeting will be held on Wednesday, August 2nd at 7:00 p.m. at [REI](#), 2 Chapel View Boulevard in Cranston. All are welcome to attend.

Newsletter Editor:

Erik Eckilson
11 Diana Drive
Woonsocket, RI 02895
Email: editor@ricka.org

Membership:

Sharon Dragon
P.O. Box 184
Hope Valley, RI 02832
Email: membership@ricka.org

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Rhode Island Canoe & Kayak Association

President: Sharon Dragon401-225-3942.....membership@ricka.org
Vice President: Pat (Mayhew) Lardner ..401-524-8057..... pslardner@gmail.com
Secretary: Henry Dziadosz401-567-0313..... hdziadosz@verizon.net
Treasurer: Andy Viera.....774-218-5731.....andyv51@hotmail.com

Members at Large:

Mike Bussell.....401-568-8605.....canoedad@cox.net
Lori Lucas508-494-2131... .. lorilucas41@gmail.com
Danny O'Shea401-527-3447..... doshea5031@aol.com
Conservation: Ric Souza508-572-3095 rj_salty@yahoo.com
Flatwater: Cheryl Thompson401-647-5887.....stonefoxfarm@juno.com
Librarian: Bill Hahn..... 401-524-1612.....librarian@ricka.org
Membership: Sharon Dragon401-225-3942.....membership@ricka.org
Newsletter: Erik Eckilson.....401-765-1741.....editor@ricka.org
Safety & Education: Cat Radcliffe.....508-369-3028.catherineradcliffe@earthlink.net
Sea Kayak: Carleen McOsker.....508-636-0546..... Carleenmco@gmail.com
Webmaster: Cheryl Thompson 401-497-5887.....stonefoxfarm@juno.com
Whitewater: Andy Viera.....774-218-5731.....andyv51@hotmail.com
Wilderness: Chuck Horbert 401-418-2838.....chorbert13@gmail.com

RICKA Family Picnic and Barbecue

Goddard Memorial State Park in Warwick

Saturday, September 16, 2017 - we have reserved Field Shelter F

This year's RICKA Family Picnic will be held on Saturday, September 16, 2017 at Goddard Memorial State Park in Warwick. We have reserved Field Shelter F from 9:00 to 4:00.

In the morning, flatwater and sea kayak trips will leave from the boat launch – we will meet at 9:30 for a 10:00 launch.

Lunch will be served starting at 12:30. Fire Works Catering will provide a wrap sandwich luncheon that includes a selection of specialty wrap sandwiches (including vegetarian), mixed green salad, pasta salad, chips, cookies, watermelon and drinks. The cost will be \$10.25 per person.

The 2017 RICKA Awards Ceremony will follow lunch. All are welcome to attend including members, their families,



Frank Cortessa receives the 2016 Volunteer of the Year Award from Susan Engelman

significant others, and friends.

Because this is a catered event we must have your reservation no later than

September 10, 2017. You can register by mail or online using PayPal at:

http://www.ricka.org/Payments/ricka_picnic.html

If you register by mail, please print out the form below and return it with your check payable to RICKA to:

Andy Viera
8 Bradford Road
Milford, MA 01757

Mark your calendars for this fun event!! Rain or Shine. Who knows.... you may be receiving an award! Hope to see you all there!

Boat launch is located at:
41° 39.257' N 71° 26.651' W

Member Name: _____

Number of Meals (same price for all) _____ X \$10.25 = \$ _____

Fire Works Catering will provide a Wrap Sandwich Luncheon including:

Selection of Specialty Wrap Sandwiches (including Vegetarian)

Mixed Green Salad, Pasta Salad and Chips

House Baked Cookies

Drinks and Watermelon will also be available

Make check payable to RICKA and mail them to:

Andy Viera

8 Bradford Road

Milford, MA 01757

Rhode Island Canoe & Kayak Association

Order Your 40th Anniversary Tee Shirt Now

Long-time members probably remember the wonderful tee shirts created for RICKA by Chick Noreau. Chick joined RICKA in 1985 and was an avid canoeist, whitewater paddler, and past Flatwater Chair. In addition to contributing artwork to the Paddler, he designed many great tee shirts for RICKA.

As we looked for a tee shirt design for our 40th Anniversary, we reached out to another graphic artist who spends a lot of time in his boat – Paul Mason. Paul is the son of the late canoeing legend Bill Mason. He continued on to a career as an author, canoe instructor and wilderness guide. Paul

is also the cartoonist of the web comic [Bubblestreet](#) - a paddlesport comic that features characters that we all see around the put-in like Clyde, Soggy Socks, Garb, Baily, and of course, the little fish Flatpick. We are pleased that Paul was able to create the design for our 40th anniversary tee shirt featuring the Bubblestreet crew.

The RICKA 40th anniversary tee shirt can be ordered now from our CustomInk order page at:

<https://www.customink.com/g/hth0-00b0-z1hg>



RICKA 40th Anniversary Tee Shirt Design

Tee shirts will be available for pick up at our August Meeting on the Water, or at the RICKA Family Picnic in September. Order yours now so you don't forget. **Orders close on August 5th.**

Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. **YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.**

Blackstone Valley Paddle Club Trips

Unless otherwise noted, Blackstone Valley Paddle Club trips are suitable for all boats and skill levels. More detailed trip descriptions can be found on the [web site](#).

August 1st - meet at 6:00 for a 6:15 launch
Manchaug Pond - Sutton MA

An easy trip around Manchaug Pond with a nice sand bar for swimming.

August 8th - meet at 6:00 for a 6:15 launch
Slatersville Reservoir – Slaterville, RI

We will paddle up the Slatersville Reservoir and into a stretch of the Branch River.

August 15th - meet at 6:00 for a 6:15 launch
Lackey Dam and the Mumford River - Sutton, MA

We will put-in at the Lackey Dam, paddle up the pond and into the Mumford River.

August 22nd - meet at 6:00 for a 6:15 launch

Paddle and Party on Spring Lake

We will put in on Black Hut Road and paddle around Spring Lake to the waterfront home of Julie and Steve for a party - all are welcome! Please [RSVP here](#).

August 29th - meet at 6:00 for a 6:15 launch
Stump Pond - Smithfield, RI

After the paddle, we will get together at the nearby Thirsty Beaver in Smithfield.

September 17th - TBD
Blackstone Gorge - Blackstone, MA

BVPC will be offering this paddle for the GO Program. All membership requirements are waived, and all are welcome.

Flatwater Trips

Late changes and cancellations will be posted on the [Flatwater Message Board](#). Please check the board before leaving for any trip. Check [web site](#) for directions and/or GPS coordinates..

August 17th at 5:30 (rain date August 25th)
Stand-up Paddleboard Demo Night
EMS Boathouse, Lincoln Woods

Continued on page 6.

Continued from page 5.

Trip Coordinator – RSVP to Erik Eckilson
eckilson@cox.net

Have you ever wanted to try SUPing? Here's your chance. [EMS Schools](#) and the [Blackstone Valley Paddle Club](#) will be holding a stand-up paddleboard demo session. We will have paddleboards to try, and EMS instructors to get us started. There will be a limited number of boards, so you must register in advance.

August 20th – see the message board for launch time

Easy Whitewater Trip on the Lower Deerfield River

Trip coordinator - Erik Eckilson
eckilson@cox.net 401-765-1741

This 7-mile trip has it all - a little flatwater, lots of quickwater, and three short class I/II rapids. Moving water experience is required, as is a helmet. A sprayskirt is recommended for kayakers. We will shuttle three hours after the start of the dam release. Check the Flatwater Message Board the morning of the trip for shuttle time. Please RSVP to the trip leader - Erik Eckilson eckilson@cox.net 401-765-1741

August 21st - meet at 5:30 for a 6:00 launch

Smith and Sayles Reservoir - Gloucester, RI

Trip Coordinator - Chuck Horbert
chorbert13@gmail.com 401-418-2838

In lieu of a general meeting in the summer months, we offer a paddle that is suitable for everyone. This month's paddle will be at Smith and Sayles Reservoir. We will put-in at the state boat ramp on Sand Dam Road.

August 26th - meet at 10:15 at the put-in, or 9:45 at the Mansfield Rest Area (see below)

Sudbury River – Wayland to Concord, MA

Trip coordinator - Bill Luther
prijon@juno.com 508-761-7961

An 8-mile trip on the scenic Sudbury River. We will put-in at Sherman's Bridge Road in Wayland and stop for lunch at a small island in Fairhaven Bay where Ospreys are often seen. For those looking to shuttle, we will meet at the Mansfield Rest Area on Route I-95 about 3 miles north of Exit 5 - leaving at 9:45 sharp. The facility is closed but parking and bathrooms are available.

August 27th – meet at 10:30 for a 10:45 launch

Quaddick Reservoir- Thompson, CT
Trip coordinator: Henry Dziadosz 401-567-0313 hdziadosz@verizon.net

The scenic Quaddick Reservoir is nestled in the northeast corner of Connecticut near the Rhode Island and Massachusetts borders in the town of Thompson. This trip is suitable for all. We will be stopping to swim at lunch. Bring a lunch.

September 8th to 10th

Miles Standish Camping Weekend
Trip coordinators: Henry Dziadosz hdziadosz@verizon.net 401-567-0313, Cheryl Thompson 401-497-5887 stonefoxfarm@juno.com and Sharon Dragon shdrag1@gmail.com 401-225-3942

The leaders have booked sites F003 and F005 in the Charge Pond Loop. Paddling will not be the main focus this weekend. There are hikes and beautiful areas for bike rides as well as kettle ponds in the park.

September 16th - meet at 9:30 for a 10:00 launch

RICKA Family Picnic
Goddard Memorial State Park, Warwick, RI

Flatwater and sea kayak trips will leave from the boat launch - meet at 9:30 for a 10:00 launch. Lunch will be served at 12:30 at Field Shelter F. The RICKA Awards Ceremony will follow lunch. See page 3 for more details.

Sea Kayak Trips

Before choosing to participate in a trip, check the marine forecast and consider the trip level – we do not rate the paddler, only the paddle. Read the [RICKA Sea Kayak Paddling Basics](#) section of the website. Always check the [Calendar](#) for changes to the schedule. Cancellations due to weather or other conditions will be posted on the [Message Board](#) by 8:00 a.m. the day of the trip.

Saturday, August 5th

Pier 5 to Point Judith

Narragansett, RI

Time: 9:00 am

Coordinator: gpbranch@verizon.net

Saturday, August 12th

URI Bay Campus - Evening Paddle

Narragansett, RI

Time: 7:00 pm

Coordinators: vtbren@gmail.com, cam_mac@verizon.com

Sunday, August 13th

Potters Cove - Level: 2

Jamestown, RI

Launch: 9:00 am

Coordinator: vtbren@gmail.com

Sunday, August 19th

Pollack Street to Black Point - Level: 3

Narragansett, RI

Time: 9:00am

Coordinator: RLCoupland@msn.com

Sunday, August 20th

King's Beach - Level: 3-4

Newport, RI

Time: 9:00am

Coordinator: gpbranch@verizon.net

Saturday, August 26th

Fort Wetherill - Level: 3

Jamestown, RI

Time: 9:00 am

Coordinator: gpbranch@verizon.com

RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the [website](#) for the complete list.

- **Wilderness System 15 ft touring kayak** - very good condition, two hatches, rudder and deck bungees, typical hull scuffs, adjustable seat. Includes Seals cockpit cover - asking \$600. **Catalina spray skirt** - never used - \$60 new; \$40 today. **Lotus Design Mild Water PFD** - blue, little usage by my daughter, small/medium 36"-42" chest - \$45. Email me to request pictures, target3777@yahoo.com. David in Warwick 338-7001
- **Betsie Bay Recluse Greenland style kayak** - 19 feet long; 20 1/2 inches maximum beam; 32 lbs. Includes Greenlander paddle (unused); spray skirt; cockpit cover; 2 hatch lids; and an instructional DVD on Greenland paddling - \$3,200 firm. Contact Ken Pariseau at kenpariseau@verizon.net
- **Two Composite Valley Sea Kayaks** - **2009 Avocet LV** (item # VSK-GLA-AVOL) with SHUNA Straight Fiberglass (Item # WER0049) 2 piece paddle (small) and nylon keyhole sprayskirt, asking \$2,400. **2009 Aquanaut** (Item # VSK-GLA-AQUA) with SHUNA straight fiberglass (Item # WER0049) 2 piece paddle (standard) and nylon keyhole sprayskirt. Asking \$2400. Reduced price if both kayaks and accessories are purchased together, asking \$4400.00 for both. Contact Diane at mccooycommunityfarm@verizon.net or 401-949-2917.
- **P&H Delphin155 Surf Model** - blue, really good shape, minor usage scratching on hull. Deck and hatch covers are spotless - \$1,050 firm. Contact gerry@seasherpakayak.com
- **Current Designs Sirocco** - white, purchased in 2004 but always stored inside. PFD, spray skirt, paddling jacket, two paddles, Kokatat Semi Dry suit, compass, sponge, pump, paddle float, etc. Best package deal to a club member, or person accompanied by a club member. Paul -401-644-8529 wynn timer@yahoocom
- **P&H Code Zero Sail for kayak** - with mast, used only a few times. <http://www.phseakayaks.com/sail.php> - \$200 jonathansharlin@gmail.com
- **Kayak wetsuits, PFDs and Drytop** - see craigslist ad for details. <https://newyork.craigslist.org/wch/spo/6148726278.html> Jerry Borenstein aikijerry@gmail.com
- **Current Designs Caribou** - fiberglass, with skeg, color red and white. Used fewer than 10 times, water launched, stored exclusively indoors and with gaskets treated from time to time, this boat is in excellent condition. Asking \$2,100. Text Carin 401-374-1145
- **Mad River Rampage** - 14' whitewater CANOE. Royalex canoe designed for big water. Only used 2 years before health issues intervened, stored indoors ever since. The most interesting (and very useful) feature is an added electric bilge pump. \$600. Alan, 401-725-3344 or alan02860@usa.com
- **PRICE REDUCTION: Werner Camano Paddles** - two two-piece fiberglass paddles with blue shafts and white blades - one is 230 and the other is a 240 - \$50 each. One-piece fiberglass paddle with yellow blade and black shaft - 240 length with an offset of 45 degrees - \$75. Contact Cheryl at stonefoxfarm@juno.com or 401-497-5887
- **PRICE REDUCED: Kokatat front entry GORE-TEX GFER dry suit** with relief zipper and GORE-TEX socks. This suit has been lightly used and is in excellent condition. \$250. Contact Bill Hahn
- **Betsie Bay Custom Greenland Kayak** - all white, in very good condition. Comes with new neoprene cockpit cover and spray skirt with medium tunnel. Pictures are available upon request. Carl Ladd of Osprey Sea Kayak Adventures can deliver from Florida thru March 21st to his location in Westport MA and can verify condition. Asking 1,700 for everything. Chris 813-390-8222 or ctobbe12@gmail.com

Would you like to read more about sea kayaking?

Subscribe to Atlantic Coastal Kayaker

Atlantic Coastal Kayaker will bring you a 36-page issue all about sea kayaking, 8 months a year. (March through December)

**Special rate for RICKA members
\$18 a year - a \$6.00 discount**

Send for a free sample issue.

Atlantic Coastal Kayaker
224 Argilla Road
Ipswich, MA 01938

Phone: 978-356-6112 (phone and fax)

Email: ackayak@comcast.net

Website: <http://www.atlanticcoastalkayaker.com>

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Glocester, RI 02857-2611 or webmaster@ricka.org. Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's and newsletter editor's discretion.