

PADDLER

www.ricka.org

Newsletter of the Rhode Island Canoe & Kayak Association

Vol. XXXIX

No. 7

July, 2016

July Meeting on the Water Historic Roger Williams Park

Monday, July 18, 2016 – launching promptly at 6:05 p.m.

Join us for a pleasant paddle around historic Roger Williams Park. The park is part of the original land grant given to Roger Williams in 1638, and was designed by famous landscape architect [Horace Cleveland](#) in 1878. It includes seven interconnected lakes that cover more than 50 acres with many coves and channels to explore. We will start on Cunliff Lake, head north to Pleasure Lake, west to Polo Lake (near the zoo) and then return via Edgewood Lake. The round trip is about 3 miles. Our leader for the evening will be Jim Cole jimcole@hotmail.com 401-226-7714.



Directions from I-95 North - take Exit 16, and then keep right on ramp to Elmwood Avenue. Go right on Elmwood Avenue, and then turn left on Park Avenue. At second traffic light turn left into Roger Williams Park, and left again onto FC Greene Memorial Boulevard. The boat ramp is about ½ mile on right.

Directions from I-95 South - take Exit 16, and then follow Route 10 to Route 12 to Park Avenue. Turn Left onto Park Avenue. At next traffic light turn left into Roger Williams Park, and left again onto FC Greene Memorial Boulevard. The boat ramp is about ½ mile on right.

Basic Flatwater Training

Sunday, July 10, 2016 at 1:00 p.m.

The RICKA Flatwater Group will be holding a Basic Flatwater Paddling Class on Sunday, July 10th at 1:00.

In this 3-hour class, paddlers will learn the basic strokes and maneuvers to control their boats on flatwater, whether they paddle a canoe or kayak. We will also cover basic rescue techniques. The class will take place at Stump Pond in Smithfield and will be free for RICKA members. Class size is limited to 25 paddlers. Attendance is on a first-come, first-serve basis.

For more additional information or to register you can visit the website at <http://woonsocket.org/flatwatertraining.html>.

Core Principle of Sea Kayaking

Saturday, July 16, 2016

Whether you have paddled for years, or are just beginning, solid fundamentals are the key to fun and safety on the water.

This half-day class will focus on building the “Core Principles” of sea kayaking. These core principles are techniques that apply to all strokes allowing you to understand how to maneuver your boat in a variety of conditions with less effort and better results. The class will be taught by Carl Ladd of [Osprey Sea Kayak Adventures](#). The cost is \$15 for RICKA members, and registration is limited to 10 members.

For more additional information or to register you can visit the website at <http://www.ricka.org/trainingsprey.html>

Blackstone Valley Paddle Club receives the Hartzog Award for Outstanding Volunteer Group



The Blackstone Valley Paddle Club was awarded the National Park Service's prestigious *George Hartzog Award for Outstanding Volunteer Group* in the Northeast Region. This region includes parks and programs from Maine to West Virginia!

In announcing the award, National Park Service Northeast Regional Director Michael Caldwell stated that "the contribution of these volunteers exemplify the spirit of volunteerism and a deep commitment to national parks. They demonstrate the power of collaboration, the value of partnerships, the importance of serving communities, and what determination and dedication can accomplish."

Details are on the website at:
<http://www.ricka-flatwater.org/bvpaddlers.htm>

RICKA is an ACA



Paddle America Club

If you haven't done so already...

Please renew your RICKA membership now!

Please visit the website at:
<http://www.ricka.org/Join/Jointhefun.html>
 You can renew by mail, or online using PayPal.

Executive Board:

The next Executive Board meeting will be held on Wednesday, July 6th at 7:00 p.m. at the [REI Cranston Store](#) 22 Chapel View Boulevard, Cranston. All are welcome to attend.

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The **Paddler** is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc.

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RICKA Family Picnic and Barbecue

Colt State Park in Bristol, RI

Sunday, August 21, 2016 - we have the big pavilion (Shelter 2)

This year's RICKA Family Picnic will be held on Sunday, August 21st at the Colt State Park (Shelter 2) in Bristol - please note the new location.

In the morning, flatwater and sea kayak trips will leave from the boat launch - we will meet at 10:00 a.m. for a 10:30 a.m. launch. Colt State Park also has ample room for ball games, badminton, or most anything else. Organize an activity and bring the necessary equipment

Lunch will be served starting at 12:30 p.m. and will be a good old-fashioned barbecue with hot dogs, hamburgers and more. Watermelon will be served for dessert, and beverages will be provided. Veggie burgers will be available upon request - see the registration form. The 2016 RICKA Awards Ceremony will follow lunch.



Tim Gleason (right) receives the Volunteer of the Year Award from Tony Moore (left) at the 2015 RICKA Picnic

The cost will be \$10.00 per person for members (including family members and significant others) and \$18.00 for non-members. Children under 10 are free.

Because this is a catered event we must have your reservation no later than August 10, 2016. You can register by mail or online using PayPal at:

<http://www.ricka.org/Payments/bbq16.html>

If you register by mail, please print out the form below and return it with your check payable to RICKA to:

Andy Viera
8 Bradford Road
Milford, MA 01757

Mark your calendars for this fun event!! Rain or Shine. Who knows.... you may be receiving an award! Hope to see you all there!

Boat launch is located at:
89 Tresspass Green Road, Bristol.

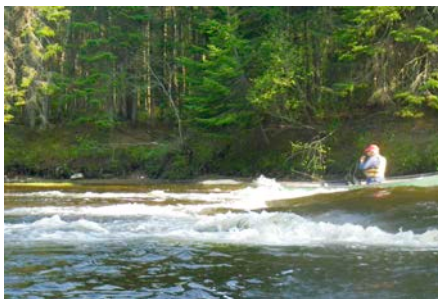
Member Name: _____			
Number of Member Meals	_____	X \$10 =	\$ _____
Number of Member Vegetarian Meals	_____	X \$10 =	\$ _____
(Member meals include family and significant others)			
Number of Non-Member Meals	_____	X \$18 =	\$ _____
Number of Non-Member Vegetarian Meals	_____	X \$18 =	\$ _____
Number of Children Under 10 Meals	_____	Free	
	Total		\$ _____
Please make your check payable to RICKA and mail to:			
Andy Viera			
8 Bradford Road			
Milford, MA 01757			

Moose River “Bow Trip”

By Erik Eckilson

I had heard that the “Bow Trip” on the Moose River was one of the most popular canoe camping trips in Maine, and now I know why. This trip has it all – a fun river, some lake crossings, great scenery, and easy camping. Just to make it interesting, our trip also had thunderstorms, torrential downpours, swarms of blackflies and mosquitoes, and a difficult portage – something for everyone.

The Bow Trip is located in 19,000 acres of wilderness managed by the Maine Department of Conservation on the Moose River and Holeb and Attean Ponds. There are 21 campsites along the 34-mile route. We had a small group of 5 paddlers – 3 solo canoes and 1 tandem. We decided to use a shuttle service and skip 7-miles of lake travel up the Attean and Holeb Ponds, and more importantly, the 1.25-mile portage between the two lakes.



Running Camel Rips

We drove up on Friday morning, and met our shuttle driver around 2:00 at Attean Landing on Attean Pond for the shuttle to Holeb Landing on Holeb Pond. We put in at the Holeb Landing and paddled across Holeb Pond to Holeb Stream. We then followed Holeb Stream to its confluence with the Moose River, and paddled down the Moose River to Camel Rips where we set up camp for the night.

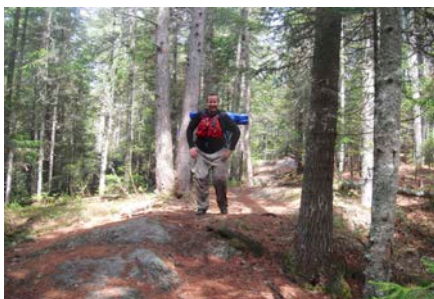


Heading down the Moose River

As we settled in around the campfire, we started to hear thunder rumbling in the distance. We got the rain tarp up just as the downpours began. Thunder and lightening were cracking around us as we sat in relative comfort around the campfire. Fortunately, the storms passed in a couple of hours. Friday we paddled about 5-miles.

We awoke Saturday morning to a beautiful day with bright sunny skies. We paddled down the Moose River to the quarter-mile portage at Holeb Falls. After the portage, we had lunch at the Holeb Falls campsite before continuing down through Mosquito Rips to Spencer Rips where we set up camp.

With the calm skies and a sunny day came an abundance of blackflies and mosquitoes. No amount of bug spray could keep the bugs at bay, and I had to resort to putting



On the portage trail

on my head net. Finally, after reconstructing the fire pit, we got a smoky fire going, and that seemed to help. Saturday we paddled about 9-miles with the quarter-mile portage.

On Sunday morning I was content to lie in my sleeping bag until I heard someone outside my tent say “Hey Erik, you better get up. Looks like rain so we need to get an early start”. So much for a lazy morning. We packed up camp and headed downstream to run the rapids at Attean Falls – a series of two easy class II rapids. We made it through fine, and then continued a short distance downstream to where the Moose River enters Attean Pond.



Campsite on Attean Pond

Since the lake looked calm, we decided to cross Attean Pond and camp at one of the campsites on the northern shore. After the crossing, we chose a site with a large beach out front. We quickly set up camp, and had just finished setting up the rain tarp when the downpours began. We retreated to our tents until the rain finally stopped. It may not have been a lazy morning, but it was definitely a lazy afternoon.

After emerging from our tents several hours later, we gathered some firewood, cooked dinner, and settled in for our last night around the campfire. Sunday we paddled about 10-miles.

On Monday morning we broke camp early. It was a short half-mile paddle back to the Attean Landing. We stopped at Three Rivers in the Forks for breakfast before the long drive home.

Before you Paddle...

Educate yourself about the area in which you will be paddling, and carry appropriate gear, clothing, water, food, etc. Always check the weather forecast before launching. **YOU ALONE ARE RESPONSIBLE FOR MAKING THE DECISION TO LAUNCH YOUR BOAT.**

Blackstone Valley Paddle Club Trips

Unless otherwise noted, Blackstone Valley Paddle Club trips are suitable for all boats and skill levels. More detailed trip descriptions can be found on the [web site](#).

July 5th - launching promptly at 6:15
Whitehall Reservoir – Hopkinton, MA

We will paddle the 592-acre Whitehall Reservoir - once used as a source of drinking water for the City of Boston. The reservoir has deep coves and dozens of islands to explore.

July 12th - launching promptly at 6:15
Ranger Night at Slatersville Reservoir and the Branch River

We will paddle around the Slatersville Reservoir and up a section of the Branch River

July 19th - launching promptly at 6:15
Valley Falls Marsh

A very scenic paddle for paddlers of all abilities. Enjoy the scenic marsh and a paddle up the Blackstone to the Pratt Dam.

July 26th - launching promptly at 6:15
Providence River - Bold Point

We will cross a short section of the Providence Harbor and paddle up the Woonasquatucket River to the Providence Place Mall.

August 2nd - launching promptly at 6:15
Manville Dam- Cumberland

We will put in at the Manville Dam and paddle up a pleasant section of the Blackstone River

Flatwater Trips

Late changes and cancellations will be posted on the [Flatwater Message Board](#). Please check the board before leaving for any trip. Check [web site](#) for directions and/or GPS coordinates

July 4th - meet at 10:00 for a 10:15 shuttle
Pawcatuck River - Shannock to Richmond

Trip coordinator: Jim Cole
jimcole@hotmail.com 401-699-1172

We will put in at the Lower Shannock Falls and paddle to the Richmond Landing. This is a 6-mile trip with a short section of quickwater/whitewater that cannot be portaged. We will stop for lunch at the Carolina canoe campsite.

July 9th - meet at 10:00 for a 10:30 launch
Pawcatuck River - Ashaway to Westerly
Coordinator: Mike Vechinsky.
M.Vechinsky@att.net 860-271-1586

This is a 7.5-mile trip that will start approximately 1 mile above the Potter Hill dam at a private residence. We will portage the Potter Hill Dam – bring wheels if you have them. The recent removal of the White Rock Dam restores the old riverbed and eliminates the run through the old raceway. There may be small rapids, and some areas may be scratchy in low water.

July 10th - meet at 1:00 p.m.
Flatwater Training at Stump Pond - Smithfield
Coordinators: Erik Eckilson
eckilson@cox.net 401-765-1741 or Cheryl Thompson at stonefoxfarm@cox.net.

In this 3-hour class, paddlers will learn the basic strokes and maneuvers to control their boats on flatwater, whether they paddle a canoe or kayak. We will also cover basic rescue techniques. The class will take place at Stump Pond in Smithfield and will be free for RICKA members. For more details and to register visit at <http://woonsocket.org/flatwatertraining.html>

July 10th - meet at 10:00 for a 10:30 launch
Wickford Harbor
Trip coordinator: Susan Engleman
sje54@hotmail.com 508-655-1633 Home and 508-353-6411 cell

We will put in at the Wilson Park boat ramp and paddle the calm, wind-protected waters among the islands and marshes. We will stop for lunch and a swim at Cornelius Island. This is a great opportunity to see osprey, great blue heron, green heron, great egrets, cormorants, bufflehead ducks, and maybe a deer or two.

July 16th - meet at 10:00 for a 10:30 launch
Ninigret Pond - Charlestown RI
Trip Coordinator: Sharon Dragon
shdrag1@gmail.com 401-225-3942.

Ninigret Pond is Rhode Island's largest coastal salt pond. The area features stunning landscapes and abundant coves to explore. This trip is suitable for all. Bring a lunch.

July 16th
Core Principle of Sea Kayaking

This half-day class will focus on building the “Core Principles” of sea kayaking. The class will be taught by Carl Ladd of Osprey Sea Kayak Adventures. These core principles are techniques allow you to maneuver your boat with less effort and better results. For additional information or to register you can visit the website at <http://www.ricka.org/trainingsprey.html>

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July 18th – launching at 6:05 sharp

**July Meeting on the Water
at Roger Williams Park**

Trip coordinator: Jim Cole
jimcole@hotmail.com 401-226-7714

We will start on Cunliff Lake, head north to Pleasure Lake, west to Polo Lake (near the Zoo) and then return via Edgewood Lake. The round trip is about 3 miles.

July 23rd – meet at 6:00 for a 6:16 launch
**Point Judith Pond (aka Great Salt Pond)
Sunset Paddle**

Trip coordinator: Erik Eckilson
eckilson@cox.net 401-765-1741.

We will put in at the marina, and paddle the calm waters at the northern end of the pond. Bring a light.

July 30, 2016 to August 7, 2016
RICKA Adirondacks Trip

We will be camping at Lake Eaton Campground. This is a beautiful campground with spacious sites and good bathroom facilities. It is also within an hour's drive of many prime paddling destinations. Contact [Henry Dzidosz](mailto:Henry.Dzidosz) for additional information.

[http://www.ricka-
flatwater.org/formadk.htm](http://www.ricka-flatwater.org/formadk.htm)

Sea Kayak Trips

Before choosing to participate in a trip, check the marine forecast and consider the trip level – we do not rate the paddler, only the paddle. Read the [RICKA Sea Kayak Paddling Basics](#) section of the website.

Always check the [Calendar](#) for changes to the schedule. Cancellations due to weather or other conditions will be posted on the [Message Board](#) by 8:00 a.m. the day of the trip.

Saturday, July 2nd

Pier 5 to Harbor of Refuge

Time: 9 am
Level: 4
Coordinator: Cam Mejia
mm1656@verizon.com

Sunday, July 3rd

Kings Beach, Newport, RI

Time: 10:00 am
Level: 3-4
Coordinator: Tony Moore
tsunamikayak@juno.com

Monday, July 4th

Sakonnet Point, Little Compton, RI

Time: 9: am
Level: 3-4
Coordinator: Jon Sharlin
jonathansharlin@gmail.com

Sunday, July 10th

Fort Wetherill, Jamestown, RI

Time: 9 am
Level: 3-4
Coordinator: Jim Connors
myca_1@hotmail.com

Saturday, July 16th

Core Principles Workshop

<http://www.ricka.org/trainingosprey.html>

Sunday, July 17

Fort Weatherill, Jamestown, RI

Time: 9 am
Level: 3
Coordinator: Tim Guilbeault
timgilbo@gmail.com

Saturday, July 23rd

Fort Wetherill, Jamestown, RI

Time: 9 am
Level: 3-4
Coordinator: Brenda Rashleigh
vtbren@gmail.com

Sunday, July 24th

URI Bay Campus, Narragansett, RI

Time: 9 am
Level: 2
Coordinator: Gary Branch
GPBranch@verizon.net

Saturday, July 30th

Pier 5 to Castle Hill

Put-In: Pier 5, Narragansett, RI
Time: 9 am
Level: 4
Coordinator: Rich Coupland
RLCoupland@msn.com

Discounts for Members

The following retailers offer special discounts for RICKA members:

Blackstone Valley Outfitters

401-312-0369
<http://www.bvori.com/>

Claude's Cycles

508-543-0490
<http://www.claudescycles.com/>

CrossFitRhody

<http://www.crossfithody.com/>

Narrow River Kayaks

(401) 789-0334
<http://www.narrowriverkayaks.com/>

Osprey Sea Kayak Adventures

508-636-0300
<http://www.ospreyseakayak.com>

Outdoorplay.com

<http://www.outdoorplay.com/kayaks>

Quaker Lane Outfitters

401-294-9642

The Kayak Centre

888-SEA-KAYAK
<http://www.kayakcentre.com/>

WaveLength Magazine

<http://www.wavelengthmagazine.com/>

See the [website](#) for details and remember to ASK for the discount.

RICKA Classifieds

Classified ads free for RICKA members and are printed here on space-available basis. Please see the [website](#) for the complete list.

- **Cane Canoe Seats Replaced** - contact Jim Cole - 401-699-1172
- **Kokatat Orbit Tour PFD** - Small/Med - \$75. Contact michael.hazeltine@gmail.com
- **FOLBOT "Yukon"** - 13', excellent condition. Spray cover, extra seat, paddle. \$800 OBO. Wakefield area, can deliver to RI buyer - 401-783-2750.
- **NRS Flux Drytop** - men's size XL, red with black highlights, latex wrist and neck gaskets. Excellent, like new condition used less than 6 times. Sells new for \$325, yours for \$200. **Henderson 7mm Dive Boot** - men's size 11 fit my size 10 feet with thick socks and drysuit booties with room to spare. Two years old but used less than a dozen times. Sells new for \$95, yours \$45. **Reed Aquatherm Fleece Men's Long Sleeved Top** - black, men's size large. Worn less than 12 times and in good shape. I paid around \$95, yours for \$35. Contact Gerry at sea sherpa kayak dot com
- **Bungee/ Stretch Cord** - all sizes, colors, and styles available. Prices start at \$5.00/spool. Jonathan at 401-447-7973 Jon@marineropeinternational.com
- **Dagger Exodus 168** - red, length 16'-11", width 23.25", weight 60 lbs, cockpit 34" x 19". Bow and stern storage compartments, full rudder system - mint condition. Asking \$789. **Corsica S Whitewater Kayak** - purple, length 10' 7", width 24", weight 39 lbs. Some scratches. Kayak, spray skirt, PFD, carbon fiber paddle - \$389. **Two Dagger Mamba 8.1 Whitewater Kayaks** - your choice of sunrise or yellow. Length 8' 1", width 26.75", weight 47 lb., cockpit 34" x 19". Very little use. Kayak, PFD, helmet, carbon fiber paddle - \$699. Email or call watersedge99@comcast.net 508-944-2539
- **Valley Pintail (2001 model)** - asking price is \$1200. More information and photos are available at this website - <http://www.krabach.info/pintail/thumb.html>
- **NDK Pilgrim** - white/white/navy seam, 15'9" length, 19.7" beam. Versatile sea kayak for small or lean paddler. Well-maintained by long-time RICKA sea kayaker, the usual hull scratches. Offers considered. Contact pikake98353@mypacks.net
- **Romany Explorer sea kayak** - fiberglass, 17'6" X. 21.5". **Prijon Hurricane whitewater kayak** with stern air bag. **Kopapa Kiwi kayak** - 8' X 26". Medium dry top & drysuit (needs wrist & ankle gaskets). Large PFD, bilge pump. 3 cockpit covers. 5 paddles and 2 dry bags. Yakima rack w/ locks plus 2 sets of saddles. Extra towers & clips \$1500. Contact goray7ray@gmail.com
- **Werner Carbon Fiber Ikelos paddle** - bent shaft. 215 cm. Only used twice and is in brand new condition -\$350. Contact aikijerry@optonline.net
- **Valley Aquanaut** - plastic, in good condition with built in skeg - \$600. Contact Paul O'Reilly at 401- 640-5052
- **Necky Looksha** - 17' poly model includes Werner carbon paddle, cockpit cover, spray shirt, paddle float, kayak dolly - \$1,200. Call Pat Cosma at 401-480-3508
- **Necky Arluck III** - 18', 35 lbs., kevlar with rudder, yellow & white with blue stripe. Cuts through the wind and surf like butter - \$2400 OBO. Contact Bill at 401-447-2397
- **Malone XV kayak Auto Loader** - complete system, new 2015, never used - \$300. Pat Cosma 401-480-3508
- **Tiderace Xplore-X** - length: 18', width: 24", cockpit: 34.5"x19", depth: 14". Black and red deck over white hull with black keel strip. Gently used for two seasons and in perfect condition - \$2,400. SeaNskidog@hotmail.com
- **Make me an offer on any item listed:** Canoe/Kayak equipment - 2 four foot end air bags for OC1, 2 pieces of foam closed cell side flotation, pair of adjustable foot pegs for kayak, other items (if you're looking for miscellaneous whitewater items, please email me, I may have them). Email me for details. Jimcole@hotmail.com or 401-699-1172

Would you like to read more about sea kayaking?

Subscribe to Atlantic Coastal Kayaker

Atlantic Coastal Kayaker will bring you a 36-page issue all about sea kayaking, 8 months a year. (March through December)

**Special rate for RICKA members
\$18 a year - a \$6.00 discount**

Send for a free sample issue.

Atlantic Coastal Kayaker
224 Argilla Road
Ipswich, MA 01938

Phone: 978-356-6112 (phone and fax)

Email: ackayak@comcast.net

Website: <http://www.atlanticcoastalkayaker.com>

Send your classified ads to RICKA Webmaster Cheryl Thompson, 53 Anan Wade Road, Glocester, RI 02857-2611 or webmaster@ricka.org. Include your name for membership verification. Please notify the Webmaster when your gear is sold so that the ad can be removed. Acceptance, duration and formatting of your ad are at the webmaster's discretion.