

February Club Meeting

Erik Eckilson: A View from the River - Historic Sites on Rhode Island's Blackstone River

Date & Time: Monday, February 15th, 7 pm

Location: Jewish Community Center,
401 Elmgrove Avenue, Providence



Local historian and RICKA member Erik Eckilson will take us on a multi-media tour of Rhode Island's historic Blackstone River. Using pictures and video, many taken on the river, Erik will take us on a trip down the Blackstone to visit the ten mill villages that grew up along the river in the early nineteenth century.

Erik is a resident of Woonsocket and a frequent volunteer at the Rhode Island Historical Society's Museum of Work and Culture. When he is not exploring local history, Erik can often be found paddling the Blackstone River. He is a team leader for the Blackstone Valley Paddle Club, a trip leader for the RICKA flatwater group, and chair of the RICKA whitewater group.

Directions to the Jewish Community Center:

From Rt. 95 South: take Exit 24 & turn left onto Branch Avenue. (From Rt. 95N Northbound take Exit 24 & turn right onto Branch Ave.) Cross North Main Street at the lights and continue up the hill (past Kentucky Fried Chicken). Cross Hope St. and continue one block to the end at Morris Ave. Go left, then immediately right onto Sessions St., then down the hill to Elmgrove Ave. The JCC will be across the street. Please note: members should use the back entrance. Staff will buzz the door open. From there, take the elevator up to the second floor.

Winter Weather Cancellations:

Call the JCC at 401-861-8800. The meeting is cancelled if the center is closed.

- President's Message -

The Only Constant is Change

Bill Hahn, RICKA Board
President

Dear RICKA Members,

As we start the New Year and Decade there are already been a couple of notable things that have happened in your club.

Newsletter

As you read in last month's PADDLER Caryl Salisbury has stepped down after seven years as the editor. This is a demanding job for a volunteer, creating 11 issues per year. On behalf of the membership and the executive board I want to thank Caryl for all of her hard work and dedication in producing a quality publication. Cat Radcliffe has volunteered to take on the production of the PADDLER starting with the February issue. She will be looking for interesting items to include from the membership. If you have had an interesting paddle, found a piece of paddling equipment you especially like, or saw something on the WWW that you think might be of interest to the rest of us please write them up and pass them on to Cat.

American Canoe Association

At the last Executive Board meeting a motion was passed for the club to

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join the American Canoe Association (ACA) as a Paddle America Club (PAC). There are several reasons why we did this.

- We add our voice to the over 300 other clubs, institutions and organizations that belong to the ACA. This gives us a much louder voice should issues, both local and national, be facing us that could alter our ability to enjoy our sport.
- The ACA is intensely involved in making our sport as safe an activity as possible. Our constitution and by-laws mandate that we, as a club, do the same. We can only benefit by working with the ACA in this area.
- The ACA can provide us with insurance when it is required for us to run a club function at a facility owned or operated by private or public organization. This happens more often than you might think. As an example insurance is required to rent the pool we use for the rolling clinics now taking place. The picnic this past summer required us to have insurance. This insurance requirement is now a fact of life and belonging to the ACA facilitates our being able to have the insurance we need at a very reasonable price.

-You can join the ACA at reduced rates: \$30 for an individual (\$10 savings) or \$40 for a family (\$20 savings). Membership in the ACA is optional. You choose to join or not as you see fit. You can look on their website (<http://www.americancanoe.org>) and decided if joining is of value to you. Our membership in the ACA will not alter how we do business. Paddles can be scheduled and executed exactly as they have been in the past. There will be no additional paperwork or other requirements.

Board Elections

Association elections are coming up in April. Erik Eckilson is the nominating chair. We are looking for members interested in the positions of President, VP, Secretary, Treasurer, and Members-at-Large. If you are interested in being considered for any of these positions, or would like to nominate someone, please contact Erik at eckilson@cox.net

Thank you, and see you on the water!
Bill Hahn

EXECUTIVE BOARD:

Next meeting: **Wednesday, February 24, 2010 at 7 pm**
70 Scott Street, Pawtucket
All members are welcome to attend.



WHAT IS THE ACA?

Mission Statement: Founded in 1880, The American Canoe Association (ACA) is a national nonprofit organization serving the broader paddling public by providing education related to all aspects of paddling; stewardship support to help protect paddling environments; and sanctioning of programs and events to promote paddlesport recreation.

Strategic Tenets: Through an extensive, multi year research process, the Board of Directors has declared the ACA's Strategic Tenets. These represent the core foundation of the organization and will guide the ACA into the future.

- [Education](#)
- [Competition](#)
- [Stewardship](#)
- [Recreation](#)

Member Based Organization: The heart of the ACA is the people who paddle, cherish and protect the waterways of America. The ACA is a [member based](#) organization composed of those who enjoy recreating on and protecting America's wonderful and diverse waterways.

The PADDLER is published monthly except December by the Rhode Island Canoe & Kayak Association, Inc. It is mailed from Providence on the Thursday 2 1/2 week preceding the third Monday. It is not available by subscription, but is included in the cost of membership in the Association.

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Additional Member-at-Large: Position Open

8,000 Acres In Adirondack Park Reclassified

Ray Brook, NY

A total of 8,002 acres of lands in the Adirondack Park have been re-classified, adding 7,965 acres to the Five Ponds and Round Lake Wilderness Areas and creating a new Eastern Five Ponds Access Primitive Area.

This action is consistent with the long-standing State Land Master Plan goal of preserving the wild character of the Lows Lake-Bog River-Oswegatchie wilderness canoe route, Gov. David Paterson said.

The classifications and re-classifications were recommended by the Adirondack Park Agency, and represent a milestone in creating this important canoe route and protecting the lands and waters in the vicinity of Lows Lake.

“The Adirondack Park has inspired wonder and imagination for generations and is an irreplaceable part of our State’s heritage,” Paterson said. “These new designations substantially advance the Lows Lake-Bog River-Oswegatchie wilderness canoe route, which was first envisioned in 1985, in continuance of our commitment to preserving these majestic lands for all New Yorkers for generations to come. The Adirondack regional economy stands to benefit from this increased opportunity for nature-based tourism operators and service providers to market this special place to visitos and residents.”

Adirondack Park Agency Chairman Curtis F. Stiles said: “Governor Paterson’s approval of this land classification package represents significant protection for critical natural resources while balancing opportunities for outdoor recreation and the many businesses within the Adirondack Park.

This action provides a rare wilderness paddling experience for both Adirondack residents and visitors by linking Lows Lake and the Bog River to the Oswegatchie River, Lake Lila and Little Tupper Lake wilderness canoe route. This truly monumental achievement is a testament to the Governors commitment to the people and lands that constitute the Adirondack Park.”

The Governor’s action results in two State land classifications and four State land reclassifications totaling approximately 8,002 acres. These actions will:

- Reclassify the Lows Lake Primitive Area and a portion of the Hitchins Pond Primitive Area to Wilderness for inclusion into the Five Ponds and Round Lake Wilderness Areas;

- Create a new “Eastern Five Ponds Access” Primitive Area; and

- Classify newly acquired lands south of Lows Lake to Wilderness, added to the Five Ponds Wilderness Area.

In partnership with the Department of Environmental Conservation and after extensive public hearings, the Adirondack Park Agency (APA) prepared land classification recommendations for the Governor’s review and approval. With this land classification, Governor Paterson and the APA mark the 45th Anniversary of the Federal Wilderness Act, which works to preserve our nation’s forests, parks, wildlife refuges, and other public lands.

Opened to the public during the 1985 Forest Preserve Centennial celebration, the Lows Lake area has become a popular wilderness canoe and kayak area that offers a truly remote wilderness canoe experience and outstanding opportunities for solitude. This area provides opportunities for flat-water paddling, fishing, hunting, camping and hiking for people of all ages and abilities.

The Adirondack Park was established by legislative action in 1892 and was granted permanent protection in 1895 with an amendment to the New York State constitution, known as the “Forever Wild” clause. The Park, which encompasses approximately 6 million acres, contains 3,000 lakes, more than 30,000 miles of rivers and streams, and is home to 103 towns and villages and 130,000 permanent residents. Each year, millions of tourists visit the Adirondack Park to take advantage of the year-round outdoor activities. **1-15-10**



Creative Canoeing: AH divers make improv hot tub at pool

Abington Heights, PA - With all of the jumping in and jumping out of the water, diving practice can be a cold endeavor. With that in mind, the Abington Heights High School diving team usually has a bucket of warm water on hand to splash themselves with while they wait for their teammates to dive. Some pools, especially at colleges, even have hot tubs for divers to say warm. For the last week, the Abington Heights High School pool temperature has been lower than normal, and the bucket just wasn’t enough. The team decided to create their own hot tub using a canoe the school uses for boater safety courses. Shown warming up in the canoe are members of the AH diving team.
-The Abington Journal

- DISCLAIMER -

RICKA, the Rhode Island Canoe & Kayak Association (Rhode Island Canoe Association, Inc.), although safety-conscious, cannot guarantee your personal safety in club activities.

You are responsible for the adequacy of your own skills, training and equipment when engaging in or attending RICKA activities.

A U.S. Coast Guard-approved Type III or Type V PFD (personal flotation device) - worn as intended by the manufacturer – is a requirement for all RICKA on-water events. Inflatable PFDs are discouraged, and are specifically excluded by the RICKA Flatwater Group and the Blackstone Valley Paddle Club.

FROM THE EDITOR

Greetings! As I put together my first issue of The Paddler, my respect and appreciation grows for the skill, dedication and effort of the previous editor, Caryl Salisbury. She, and Alan August before her, have set a standard of excellence that I hope to live up to.

Since I joined RICKA in 2002, I've been struck by the sense of community in our club. We're not out to save the world, we just love to paddle, and RICKA is a way for us to get together and do that, safely and responsibly. The newsletter's an important part of that, and I welcome your thoughts and suggestions as to how to make it better serve our community.

Some of the ideas that have been tossed around include:

- Boat & gear reviews
- Trip reports/places to paddle
- Letters to the editor
- Regular columns on safety, repair & maintenance, paddling techniques, etc.
- Member photos
- Interviews/profiles of members, instructors, outfitters, etc.

Also, please let me know if you're interested in contributing articles or participating on a newsletter committee. Just drop me a line at newsletter@ricka.org.

Best regards,
Cat Radcliffe

Save the Date - Saturday March 27th RICKA Flatwater planning meeting.

We will meet at River Bend Farm in Uxbridge at 1:00 pm to set up our calendar for 2010!

River Bend Farm allows us the use of their conference room at no charge, a huge thank you goes out to Ranger Val!

If you have a trip that requires a high tide, full moon etc, please send Cheryl the date to reserve on the calendar in advance of the meeting. If you have a trip that you would like to lead but are not able to make the meeting, please send the info to Stonefoxfarm@juno.com

We will have party pizza and soda, you may bring a snack or dish to share, if you wish. Please bring ideas for trips. If you would like to lead a trip but do not have experience leading, ask and we will partner you up with an experienced leader.

Leaders have the right to put restrictions on their trips as they see fit. They may require specific boat lengths or boat types, spray skirts, headlamps etc. The trip may specify experienced paddlers only. This is for the safety and enjoyment of the entire group.

Directions to River Bend Farm:

GPS coordinates: N 42 05 641 W071 37 442. From Rt. 146 North or South: Take the exit for Rt. 16 East. Follow Rt. 16 East for about three miles into downtown Uxbridge. At light turn right and immediate left, to continue on Rt. 16 East. After light, continue to second left. Turn left onto Oak Street. Proceed north on Oak Street for about 1.5 miles, staying right at fork by school. River Bend Farm is on the right. The parking lot is next to the red barn.

SPECIAL DISCOUNTS FOR RICKA MEMBERS

Blackstone Valley Outfitters

10% off retail prices on all kayak accessories, guided trips and instructions, at Blackstone Valley Outfitters 25 Carrington Street, Lincoln, RI 02865 401-312-0369, www.bvori.com

Claude's Cycles

Snowshoes 10% off. Canoe & power sports accessories 10% off. Wood canoes & fiberglass canoes 8% off. 50cc scooters 3% off. Receive an additional 2% discount on canoes and 50cc scooters when you pay by bank check. Discounts are for card carrying RICKA members and apply to non-sale items. Foxborough, Ma. (call for directions) 508-543-0490 www.claudescycles.com

Canoe Passage Outfitters:

Glass and Kevlar boats, 10% off retail; polyethylene boats 15% off retail; accessories, trips and instructions, 10% off regular prices. 277 Water Street, Warren, RI, (401)289-2754 www.canoepassage.com

Eastern Mountain Sports:

Cranston and Middletown locations only; not valid in other locations, online, or on phone orders. Valid on in-stock merchandise only. Offer expires 12/29/2009. RICKA members can save 15% off plastic hulls and accessories (when purchased with a hull); 10% off all other kayak accessories without purchase of a hull. Terns & Conditions - % off full-priced items only.

The KayakCentre:

Glass boats 6% off normal retail; plastic boats 10% off normal retail; accessories with boat purchase 15% off, 10% off all other times for RICKA members. Brown and Phillips Streets, Wickford Village. 1-888-SEA-KAYAK, www.kayakcentre.com

NorthwindSports

10% RICKA discount on non-sale items. 267 Thames St., Bristol, 401-254-4295 www.northwindsports.com

OspreySea Kayak Adventures:

10% off accessories. 489 Old County Rd Westport Mass. 02790(508)636-0300 www.ospreyseekayak.com

Quaker Lane Outfitters :

All canoes & kayaks 10% off. Accessories 20% off. 4019 Quaker Lane (Route 2) North Kingstown. 800-249-5400.

WaveLengthMagazine: Offers a "Club

Sub" introductory discount for new subscribers who are paddling club members. A subscription generally costs \$15/year, but new subscribers who are RICKA members, can subscribe for \$10. Send a check with your name and mailing address along with a note saying you belong to the RICKA Canoe/Kayak Association. The mailing address is: WaveLength Magazine, 2735 North Rd., Gabriola, BC, Canada, V0R 1X7. Check them out on the Web at <http://www.WaveLengthMagazine.com>

2010 ROLLING CLINIC, SESSION I



Benn T. nails the layback roll as Peter G. coaches



Peter G. comes up from a butterfly roll



Bill L. helps Sandv P. work on hip snaps



Greg C. watches Rich C. set up for...



Hand of God rescue: Joe S. saves Greg C.



...a successful roll!

CLASSIFIEDS

Classifieds are free for RICKA members only. E-mail webmaster@ricka.org, phone 401-725-3344, or send it by US Mail to the Webmaster, Alan August, 70 Scott Street, Pawtucket, RI 02860. **YOU MUST INCLUDE YOUR FULL NAME IN THE MESSAGE (but not necessarily in the ad) so we can determine that you are a member. If you do not include your name the ad will be ignored. Your ad will be removed after one year unless you request that it be reposted with a lower asking price.**

Big Agnes Parkview 3 Tent (includes rainfly & footprint - *perfect for the annual RICKA trip to the Adirondacks!*) for only \$100. Original cost is tent \$300 and footprint \$30. Both are barely used and in excellent shape. Visit the REI website for specs <http://www.rei.com/product/785350>. Please email me at bfarrell7@hotmail.com if you are interested. (1/18)

Emergency Storm Shelter, made by Expedition Essentials for Sea Kayak Georgia, offers protection and warmth for up to 4 people on the coldest and windiest of days. Made of lightweight zero-porosity, paragliding material, it's non-breathable by design. Packs down to nothing. I used a similar product while paddling in Wales, and believe me, it works! Never used. I paid \$120, asking \$99. Information at <http://www.kayakwaveology.com/EStormShelter.html> email Zak <zmettger@verizon.net> (01/02)

2 Prijon Seayaks (red) click here for specs. <http://www.wildnet.com/tour.asp?name=seayak> Great boats used very little, both with rudders, sprayskirts some other accessories. \$1000 each. I also have 2 carbon fiber Bending Branches slice hybrid paddles, 1 normal grip 1 small grip. If interested contact Rolf@Xmission.com (12/10)

Selling both my kayaks so I can get one that FITS. Both boats are well-used, well-loved & expertly maintained.

* **P&H Sirius S**, Carbon/kevlar, 17' x 20.5", yellow w/red trim over light grey refinished hull. Extremely fast, great tracker in wind & following seas; awesome stability in bumpy water has saved my butt more times than I care to remember. New \$3,600, asking \$1,200.

* **Boreal Ellesmere OC**, 17' x 22", Fiberglass, cork deck over white hull. OC Sprayskirt(s) included. Stable on the flats and incredibly maneuverable on edge, this kayak is a confidence builder and a dream to paddle in surf and rock gardens, yet will eat up the miles. If you want a bombproof roll, this is THE kayak. New \$2,500, asking \$1,500. If I were 40lbs heavier I would never let these boats go, but you can only eat so many doughnuts. Cat 508-369-3028 catherineradcliffe@earthlink.net. (11/18)

Epic 16 kevlar touring with SmartTrak rudder only 39#. Near new yellow / white plus new fitted neoprene skirt. Super woman's boat. \$2000 / (860) 334 9433 (10/20)

Hurricane Santee 116, beautiful Blue, used 1 season. Trylon plastic is very durable, won't oil can. Specs: 42 lbs, 11'5", 28" wide, cockpit 38x21, 2 bulkheads/hatches, comfortable adjustable seat. VERY nice, stable boat asking \$600 (firm), paid \$890. Perfect for a small person who has trouble lifting a heavy kayak but yet is also perfect for a larger person due to the size of the cockpit. email lynde256@yahoo.com (10/11)

Woman's Kokatat Gore-Tex dry suit, with built in booties, and back relief zipper, size L, \$425. call Bev at 401-568-8166 or bevthomas2@cox.net (10/6)

P&H Capella polyethylene sea kayak, skeg, yellow, 2 day hatches, good for a beginner or more advanced, a fun boat. \$749 bevthomas2@cox.net, 401-568-8166 (10/6)

Partially completed Pygmy kayak kit, stitch & glue construction. Includes enough mahogany and teak for a 2nd boat. Wood Rockguard Journey paddle, composite Nimbus paddle, dry suit (med/lg). 2 dry bags, camera bag, bilge pump, numerous tapes, books, plans, magazines. PRICE REDUCED! \$800 or b.o. for everything. Call 508-823-1426 (8/27)

Perception Dancer xt, 12 ft, red, good condition; kept in garage. \$350.00. pmini@bryant.edu (8/18)

Pro 150 Wilderness Systems Fiberglass Kayak \$2,400.00 or Best. (North Kingstown, R.I.) The kayak is in perfect condition. No Scratches. Many, Many, Many EXTRAS. Designed for Fresh or Salt Water Fishing. The guy that designed it, must be a genius. MUST SEE. Call Ed (401-885-2326) or e-mail me at: zita59@verizon.net (7/30)